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Remembering Pearl Harbor

## DAY OF INFAMY

See pages 6 & 7.

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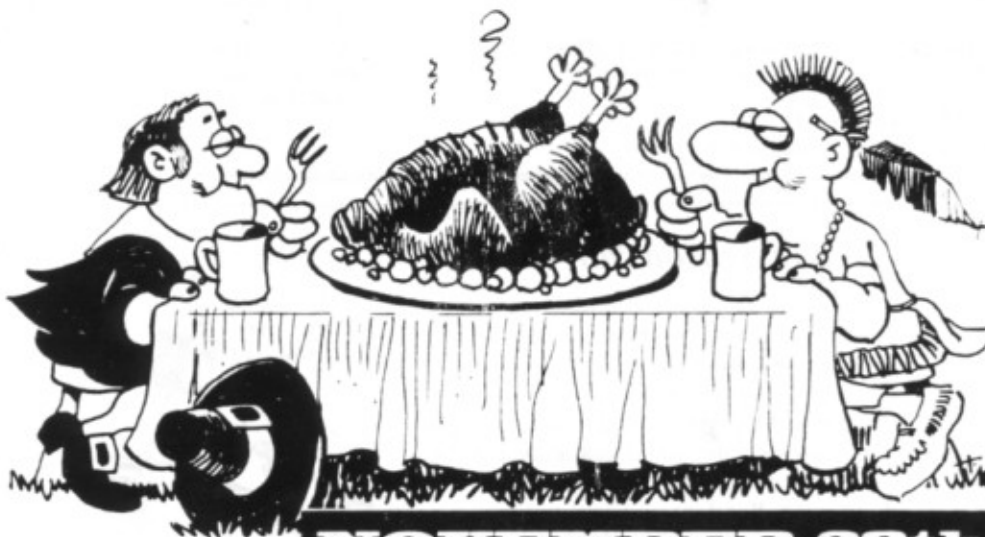
CHRISTMAS PARTY 13 December

# THE CANOPUS STAR

Volume 2 Issue 9

November 1991

## Thanksgiving



NOVEMBER 28th

## CAPTAIN'S CALL

You'll find that this issue shares the coming holiday season, and I want to pass along my personal message of appreciation and respect to each of you and your families. You've had a super year and served your country well--now have a safe and enjoyable season!

As 1991 closes out, I'd like you to reflect on our many recent successes. We just returned from a near-perfect underway during which we trained hard and completed well over 1000 qualifications--and we had a good time! This Fall was a time of several inspections, including two "surprises"--which were handled easily because of our "Be the Best Everyday" motto. We have

fully implemented several beefed up programs aimed at improved opportunity and quality of life for all hands (you deserve it); and our advancement results continue to improve. Our crew information programs have reached new heights: "The Star", our Ombudsman Newsletter, CCTV Channel 2, the POD and "CANOPUS News This Week". All-in-all, this team has really pulled together.

As we move into the new year we have lots to look forward to, and I want you all to keep charging like you have been. You should expect that we'll be making several short underways for training as we prepare for OPPE. Plan on using that time wisely for your quals and advancement preps so we can all move forward in 1992.

The editorial content of The Canopus Star is prepared, edited and provided by the public affairs office of USS CANOPUS (AS 34). The Canopus Star is an authorized publication for the members of the military services at sea. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Navy and do not imply endorsement thereof.

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### 'Tis the Season For Giving

U.S. Savings Bonds are as traditional as holiday gift-giving. They are gifts that grow, and are appropriate for persons of all ages. What an easy way to beat the holiday shopping frenzy! The Series EE Savings Bond now pays market-based interest rates and is guaranteed by the U.S. Government against loss, theft and destruction. Bond interest earnings are exempt from state and local income taxes, and the federal income tax liability on earnings can be deferred.



CELEBRATE AN AMERICAN TRADITION  
50 YEARS OF U.S. SAVINGS BONDS

## XO's NICKEL

This month I want to talk about something we all have to deal with every day--*STRESS*. We encounter all forms of pressures in our everyday lives: at home, at work, on leave, everywhere. A little stress is a good thing. A lot of stress is not. Stress can ruin your life unless you are able to control it. Only you can control it.

Stress comes from your reaction to life's pressures and perceived threats. You can control your level of stress with a few basic steps. Try to take a short break from whatever

you are doing and do some *deep breathing*. Think about something pleasant and practice relaxation techniques. You can usually do this in a few minutes and then get back to business.

Talk to your chain of command. We have many people on board who have successfully coped with most of life's pressures. Also, we have excellent medical, spiritual and emotional counselling available.

The bottom line is--control your stress. There is usually a positive solution to any situation you may encounter.

## CAREER COUNSELOR INFO

*Reprinted from LINK, the Professional Bulletin of Enlisted Navy Personnel*

In the assignment process, the Navy's goal is to put the right sailor with the right qualifications in the right jobs as cost effectively as possible.

The detailer works to achieve the best possible balance between your preferences and the Navy's needs when making your assignment. This is by no means a simple task. Using the requisition and your duty preferences, detailers carefully weigh several factors.

**Priority billets** are critical positions which must be filled. Everyone eligible to transfer is

looked at to fill priority billets first.

**Sea/shore** rotation is maintained.

**Fleet balance** is maintained.

**Qualifications** are met (NECs, security clearance, etc.)

**Duty preferences** and career needs of personnel are carefully considered.

**Cost effective** moves are a must. For example, a coast-to-coast move may not be possible because of the cost involved.

**Deadlines** are important. Detailers must fill billets on the requisition by the date assigned.

The detailer will also carefully consider other elements particular to each individual and billet. Two examples, spouse colocation and training required.

## CHAPLAIN'S MESSAGE

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### The Holiday Blues

Thanksgiving is just around the corner--with Christmas, Hanukkah, and New Year's right behind. We're supposed to be joyful and happy, right? We're supposed to celebrate, right? We're supposed to get into the holiday spirit, right? Then why do some of us get The Holiday Blues?

Any time we let someone else (like "society" or "them") tell us how we're "supposed" to feel--we're not going to feel good about it. It's not real, it's not honest. It doesn't take into account what's really going on with us. So we don't feel good because we don't measure up to what "society" says we should.

Also, the holidays have become a big ticket item in most family budgets--budgets that can't handle the pressure. Parents only see the burden of money concerns. Children don't understand why they can't get presents like the "other kids".

If your life has changed in the last year, due to death, divorce, break-up, or separation from loved ones, then the holidays may seem especially lonely for you.

The Holiday Blues don't require medical treatment or therapy if they are just temporary (a few days or so). However, if you're already struggling under a heavy burden of problems, The Holiday Blues can weigh you down so far you

can't see any way out. That's the time to ask for help. See a doctor, a chaplain, a Family Services counselor. Talking to someone about everything that's going on can give you new hope and new ideas for ways to cope.

How to avoid The Holiday Blues? Be honest with yourself--touch base with reality. If you feel the holidays are empty and meaningless, take time to look behind the commercialism to the real meanings of the celebrations of your faith tradition. Get in touch with the God of your heart that loves you as you are.

Take an honest look at the budget, decide what you can really afford--then share that with the family. As a family, talk about holiday alternatives: cooking and baking together, making your own cards and gifts, writing letters to friends and family back home.

Allow yourself to feel the pain and loneliness of the holiday season. Grieve your loss. It's what you're really feeling. But give yourself a time limit. Feel the pain but then give yourself the chance to experience new friendships, relationships, and opportunities. Talk about the pain with someone, but don't let it take over your life.

If you get The Holiday Blues--you're not alone. Take the time to cope with them. Remember you have control over how you feel. Make a decision to work through The Holiday Blues and feel good about yourself.

**Secretary of Defense  
Thanksgiving Message to the Men and Women  
of the United States Armed Forces**

Thanksgiving is a time when all of us reflect on our blessings and our hopes for the future. This year our prayers have a special meaning. All around the world, people faced historic challenges. As the year began, more than thirty nations came together, under American leadership, to defeat aggression in Persian Gulf. Half a year later, millions of Russians, Lithuanians, and others defied tyranny in the very heart of communism's old empire.

Never have the blessings of liberty seemed richer. Never have our hopes for a better world seemed more real. For this, America owes a special debt to you, the men and women of our armed forces.

U.S. troops have fought for liberty ever since our small republic declared its people free. This year, once again, our forces were asked to serve freedom — to go in harm's way against a dangerous aggressor. Troops in the Gulf carried out their mission with professionalism and courage. Others among you watched over American security at bases here and around the world. Once again, you proved yourselves to be the finest armed forces in the world. I'm immensely proud to be associated with such a talented and dedicated group of people.

The crises we have faced this year remind us that freedom does not come easy. Our defense takes long years of training and preparation. It takes the willingness of all Americans to stand up for our nation's principles and support our troops. And in the end, it takes soldiers, sailors, airmen, and Marines like you, who put on this nation's uniform and pay the price of freedom.

Whether you were in the Gulf last winter, or doing the tough jobs here at home and around the world, you and your families have the gratitude of every American. To all of you, my best wishes for a happy Thanksgiving — and my personal thanks for a job well done.

A handwritten signature in dark ink, reading "Dick Cheney". The signature is written in a cursive, flowing style. The first name "Dick" is written with a large, prominent "D" that loops around the first few letters. The last name "Cheney" is written in a more standard cursive script.



### Worth Repeating

*Quotes on the Japanese attack on Pearl Harbor:*

**"Y**esterday, Dec. 7, 1941 — a date which will live in infamy — the United States of America was suddenly and deliberately attacked by naval and air forces of the Empire of Japan."

—Franklin D. Roosevelt,  
U.S. president

**"I** fear we have only awakened a sleeping giant, and his reaction will be terrible."

—Adm. Isoroku Yamamoto,  
Japanese navy

**"T**he British are such clever propagandists they might well have cooked up the story."

—Jeanette Rankin,  
U.S. representative

**"T**he only thing to do now is to lick hell out of them."

—Burton Wheeler,  
U.S. senator

### DAY OF INFAMY LIVES IN MEMORIES

By Jim Garamone

American Forces Information Service  
President Franklin D. Roosevelt called it the "day which will live in infamy."

Fifty years later, the phrase still means December 7, 1941, the day the Japanese launched a surprise attack on Pearl Harbor.

The attack blasted the United States into World War II. The Japanese killed more than 2,300 U.S. servicemen and wounded more than 1,100 others. All eight battleships in the harbor were hit; five sank. Eleven other ships were sunk, and 140 aircraft were destroyed.

Navy Yeoman 3rd Class Robert J. Watson watched the first Japanese planes dive on Battleship Row from

**"T**he island of Oahu, with its military depots, both naval and land, its airdromes, water supplies, the city of Honolulu with its wharves and supply points, forms an easy, compact and convenient object for air attack. I believe therefore, that should Japan decide upon the reduction and seizure of the Hawaiian Islands, attack will be launched on Ford's Island at 7:30 a.m."

—Brig. Gen. William Mitchell,  
U.S. Army (1924)



his barracks on Ford Island.

"I was in the screened-in porch on the second floor, shooting the bull with some of my friends," he said. "I saw the planes coming in and thought it was one of the (U.S.) carrier squadrons returning."

"I saw the bombs falling off the planes like feathers and then the explosions and realized immediately they were Japanese."

Watson ran to his battle station and watched as the Japanese bombed Battleship Row and the hangers and planes on Ford Island. "It was the perfect spectators' spot," he said. "Looking out the windows on one side of the building we saw the battleships getting hit, and on the other we watched as the airfield was bombed."

(continued on page 7, see DAY OF INFAMY)

## DAY OF INFAMY

(continued from page 6)

Smoke and flames covered Pearl Harbor, and Watson manned his battle station through the night and into the next day.

Navy Radioman 3rd Class Adolph "Ski" Cerwenka was catching some sleep aboard the USS WEST VIRGINIA when the attack started. "General Quarters sounded, and I ran to my battle station in my underwear and with one sock on," he said. "Someone said it was the Japanese, and I believed them." The WEST VIRGINIA was berthed outboard of the USS TENNESSEE, just aft of the USS OKLAHOMA and just forward of the USS ARIZONA--right in the middle of Battleship Row.

"We took seven torpedoes in the port side before all the electricity went out," he said. "Funny thing I still remember is that every time a torpedo hit, it would splinter the paint off the bulkhead. There was one radioman who grabbed a broom after each hit and tried to sweep it up as if we didn't have more important things to worry about."

After abandon ship was sounded, Cerwenka helped pass the injured out, then went on the quarterdeck. A blast from the ARIZONA knocked him under No. 2 turret. He then slid out from under the turret, over the side and into the oil-covered water. "There was an empty motor launch I was able to climb into," he said. "I started hauling people out of the water. The first person I got was a coxswain, the second an engineer. They knew how to run the launch, so we went around and hauled people from the water."

Japanese planes were still making bombing runs on the ships as Cerwenka and the makeshift crew picked up sailors in the water. They also went into the overturned battleship OKLAHOMA and plucked survivors from the hull. After dropping survivors off at Ford Island, a regular motor launch crew took over, and Cerwenka finally got some clothes and tried to scrape off the oil.

Army 2nd Lt. Roy Morgan's first intimation something was wrong came when the mirror in his bachelor quarters at Hickam Field fell off the wall. "I put my clothes on, ran to the window and looked over at the flight line," he said. "I saw this airplane making a run on the parked planes. It pulled up, and I saw the red circle under the wing. I thought, 'They wouldn't dare.' But, of course, there they were."

He ran toward the flight line, but was forced to take cover from strafing Japanese planes. "I jumped into this excavation and hugged the corner, but I was on the wrong side," he said. Morgan watched as a plane flew toward him firing its machine guns. "I could see puffs of dust as the bullets hit the ground toward me," he said. "The last one passed so close it burned my hand."

Morgan ran to the barracks and reached it just as a string of bombs landed on it. "The walls bulged, and some masonry fell on me, and I ran to the parade ground on the other side of the barracks," he said. "The first person I saw was the officer of the day. He had been killed by a concussion of the bomb blast as he tried to get the soldiers out of the barracks. The whole parade field was covered with dead. One man I remember in particular was leaning against a tree. I thought he needed help and went over. He was dead and pinned to the tree by bomb fragments." When Morgan reached the flight line, there wasn't much he could do. He found all airplanes destroyed or damaged. A Japanese plane strafed the base, and Morgan in his frustration, took out his .45 caliber pistol and fired at it.

Navy Radioman 3rd Class Lee Goldfarb stepped off the OGLALA 30 seconds before it rolled over. "It wasn't until much later that I realized how close a call it had been," he said. "But that was the story all over. Everyone did their jobs to the best of their ability. The predominant emotion was not fear, but anger. There was anger and the determination that the people responsible would not get away with."



## SALTY SAM SAYS

By PC2 P. J. McKenna

### AYE AYE

As we were taught in recruit training, "aye aye" is a positive response to a command. It means the order was heard and understood, and will be carried out. Aye is Olde English for yes. Aye originated from the Latin verb aio which means to affirm. Aye is still used by British citizens.

### Boot Camp Ribbons

From deep within the ranks of the ignorant and misinformed prevails the myth that the National Defense Service Medal is a boot camp decoration or merely a "geedunk" award. Actually, the National Defense Service Medal is a service decoration and has nothing to do with completing basic training. It is awarded to active duty personnel who have answered our nation's call to arms during the Korean War, Vietnam Conflict and Operation Desert Shield/Storm.

This doesn't mean there

are no decorations for completing basic training. The Navy Sea Cadets wear Sea Cadet ribbons awarded for each year of membership in the Sea Cadets. The "boot" clasp is worn by those who complete the two-week Navy-sponsored recruit training.

The most infamous boot camp decoration is the Air Force Training Ribbon, which is awarded in recognition of successfully completing initial accession training (aka: boot camp) since 14 August 1974.

The Army Service Ribbon is awarded under similar circumstances as the Air Force Training Ribbon... completion of basic training. It is also awarded for completing an initial four months of active service.

Another decoration earned during Air Force recruit training, and worn triumphantly during the recruits first leave, is the USAF Basic Military Training Honor Graduate Ribbon. This ribbon is awarded to each honor graduate if excellence in all phases of academic and military training has been demonstrated.

The Coast Guard has adopted a practice like the Army and Air Force by way of the Coast Guard Basic Training Honor Graduate Ribbon. This decoration is awarded to the top 3% of each recruit graduating class.

The Navy and Marine Corps awards each recruit the *privilege of wearing the uniform*. Unlike the personnel of the other Armed Forces other branches, Navy and Marine Corps decorations can be worn with *PRIDE!*



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## FOOD ASSISTANCE PROGRAMS

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American Forces Information Service

These food-assistance programs are open to all those who qualify. Persons may participate in more than one.

### **Food Stamp Programs:**

Current gross annual income of a household must not exceed \$16,510 for a family of four, and net income must not exceed \$12,708 for a family of four. Asset limits also apply. Food stamps cannot be used to buy alcohol, tobacco, or pet food or at fast-food restaurants or lunch counters.

### **National School-Lunch Program:**

Free meals are provided for children from families with current incomes below \$16,510 and reduced-price meals for children from families with current incomes below \$23,495 for a family of four.

### **WIC Program:**

The Women, Infants and Children

Program provides food and information on nutrition for pregnant women and young children. In addition to meeting current income eligibility guidelines (\$23,495 annually for a family of four), states require participants in the WIC Program to be at nutritional risk.

### **Emergency Food-Assistance Program:**

Participating families receive government foods free of charge. States set income eligibility standards for this program.

### **Child- and Adult-Care Food Program:**

Child-care centers receive free or reduced-price meals following the same criteria for the National School-Lunch Program; at family day-care homes, there is no income criteria; services are provided at adult day-care centers for chronically impaired, disabled adults 18 years or older, or persons 60 years of age or older.

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## PAGE 2 IMPORTANT PIECE OF PAPER

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"What? Personnel wants to see me again? I already did my Page 2 a long time ago." The most important paper in your service record is the Record of Emergency Data (Page 2). I cannot emphasize enough how important it is to you and your family that all the information on that document be 100% current and accurate. We hope we'll never have to use your next of kin info, but let's face reality--we all need to be prepared. Go by the Personnel Office and verify your Page 2. Make sure it's correct!

The Personnel Office also needs our single parents to complete their dependency certificates and have them on file. Being a single parent is difficult enough without having to worry about your dependents when "you're not there". Planning ahead eliminates any doubt about dependent care while performing your military duties.

These issues point out the need for all of us to take care of our personal affairs in a timely manner. Do your part!

## NIT-PIK-SIX



**HOLIDAY PARTIES** usually mean that some turkey will try to drive with a beak full. To save lives, be sure the bird flips the keys to his designated driver, and while he's still sober, see if he can find the six differences between these seemingly identical drawings.

see page 12 for NIT-PIK-SIX answers...

### THANKSGIVING DAY MESSAGE FROM THE SECRETARY OF THE NAVY

"Americans this Holiday Season are giving thanks for the promises of blessings of a whole new era. I add my personal thanks to the men and women in uniform who have made those blessings possible. By winning the cold war you provided that America has the courage of its convictions, and by winning Desert Storm you proved that America will not turn its back on the New World.

All of you sailors and Marines--whatever your duties and wherever you're serving--have done your nation proud. The war in Southwest Asia

proved that you have something to teach the world about professionalism, courage, integrity, dedication, compassion and fairness.

America will need that example in this promising but uncertain new age--and it will continue to need the service of those of you who gives so much, everyday, to the defense of our nation, our interests and our ideals. I join all Americans in saluting you and your families on this Thanksgiving Day! My Best Wishes to All!  
H. Lawrence Garrett, III sends.

## LEADERSHIP ESSAY CONTEST

In an effort to promote research and writing on the topic of leadership, the U.S. Naval Institute and the Vincent Astor Foundation are sponsoring their eighteenth annual leadership essay contest for junior officers and officer trainees of the U.S. Navy, Marine Corps and Coast Guard.

According to CAPT Jim Barber, USN (Ret.), Executive Director of the Naval Institute, this is one of the most important contests the institute sponsors. "Of all the military responsibilities an officer has, leadership is the most important," he says. "In a combat situation, lives depend on quick and decisive thinking. This contest is designed to get future and junior officers thinking about

the importance of leadership early in their careers."

The Naval Institute will award cash prizes to the authors of the winning essays, on the topic of leadership in the U.S. Navy, Marine Corps and Coast Guard. Entries must be postmarked by 15 February 1992 and must not exceed 4,000 words.

The First Prize winner will receive \$1,500, a Naval Institute Gold Medal, and a Life Membership in the Naval Institute. The First Honorable Mention winner will receive \$1,000 and a Silver Medal. The Institute will also award two Second Honorable Mention prizes of \$500 and a bronze medal.

For a complete list of contest rules, write to:  
U.S. Naval Institute Membership  
Department  
118 Maryland Avenue  
Annapolis, Maryland 21402-5035  
or call (800)233-USNI.

## DAPA CORNER

### Myths about Alcohol

1. *Alcohol is liquid food.* Alcohol has only calories--no minerals, vitamins or proteins. Its food value is zero.
2. *Beer and wine are safe.* Drinking beer or wine can produce the same negative effects as drinking distilled liquor.
3. *Coffee, cold showers and fresh air can sober you up.* Nothing can hurry the sobering process because the liver converts alcohol at a constant rate. These "cures" for being drunk result in alertness, not sobriety.

4. *Alcohol improves your sex life.* Drinking alcohol can increase desire, but reduces ability. Alcohol depresses the central nervous system and reduces sensations.

### SOUND HOLIDAY ADVICE

## THE PARTY'S OVER AND ...



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## RECREATIONAL INFORMATION

Special Services: x3645 & 9x2778

ENC Ridgeway--EN1 Radican--MS2 Butler--SN Davies  
Afloat Recreation Specialist--Kathy Hutton

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### CHRISTMAS PARTY

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This year's Adult Christmas Party is scheduled for 13 December at the Amelia Island Plantation.

Transportation will be available.

Semi-formal dress or Sunday best.

Agenda: 1800-1900 Social Hour

1900-2030 Buffet Dinner

2030-0100 Dance & Band

Prizes: 35mm camera, radio, dinner for two at Borrell Creek, tickets for two to Disney and a weekend package for two at Amelia Island Plantation.

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Happy Holidays!

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### USO-PAL DAY ST. AUGUSTINE

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The 1991 USO-PAL Day in St. Augustine will be held on Saturday, 07 December. All active-duty personnel in uniform will receive free admission to most attractions. CANOPUS Special Services will provide transportation. Sign up in Special Services now!

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### CHILDREN'S CHRISTMAS PARTY

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12 Years of Age and Younger

08 December

1400-1700

Kings Bay Youth Center

Sign up by 03 December at 1600 (please sign up on time so Santa will have presents for all children). Party will include free photo with Santa, presents, food, sing-a-long, crafts for tree decorations and much, much more!

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### FREE BUS TRIP TO FALCONS GAME

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Junior Enlisted Personnel Only!

Special Services will have a raffle for a FREE bus trip to an Atlanta Falcons football game scheduled for 14-15 DEC. The FREE trip includes a luxurious bus ride, one night stay at Marriot Hotel with welcome social, tailgate party and tickets to the Atlanta Falcons vs. Seattle Seahawks game.

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### NIT-PIK-SIX ANSWERS

1. Tree limb missing off left tree.
2. Building silhouette altered between left tree.
3. Chimney shortened on extreme right building.
4. Extra collar brass on shirt.
5. Foot shadow has extra toenail.
6. Edge of hood ornament missing.