



The HELMSMAN

VOL. 5 NO. 5

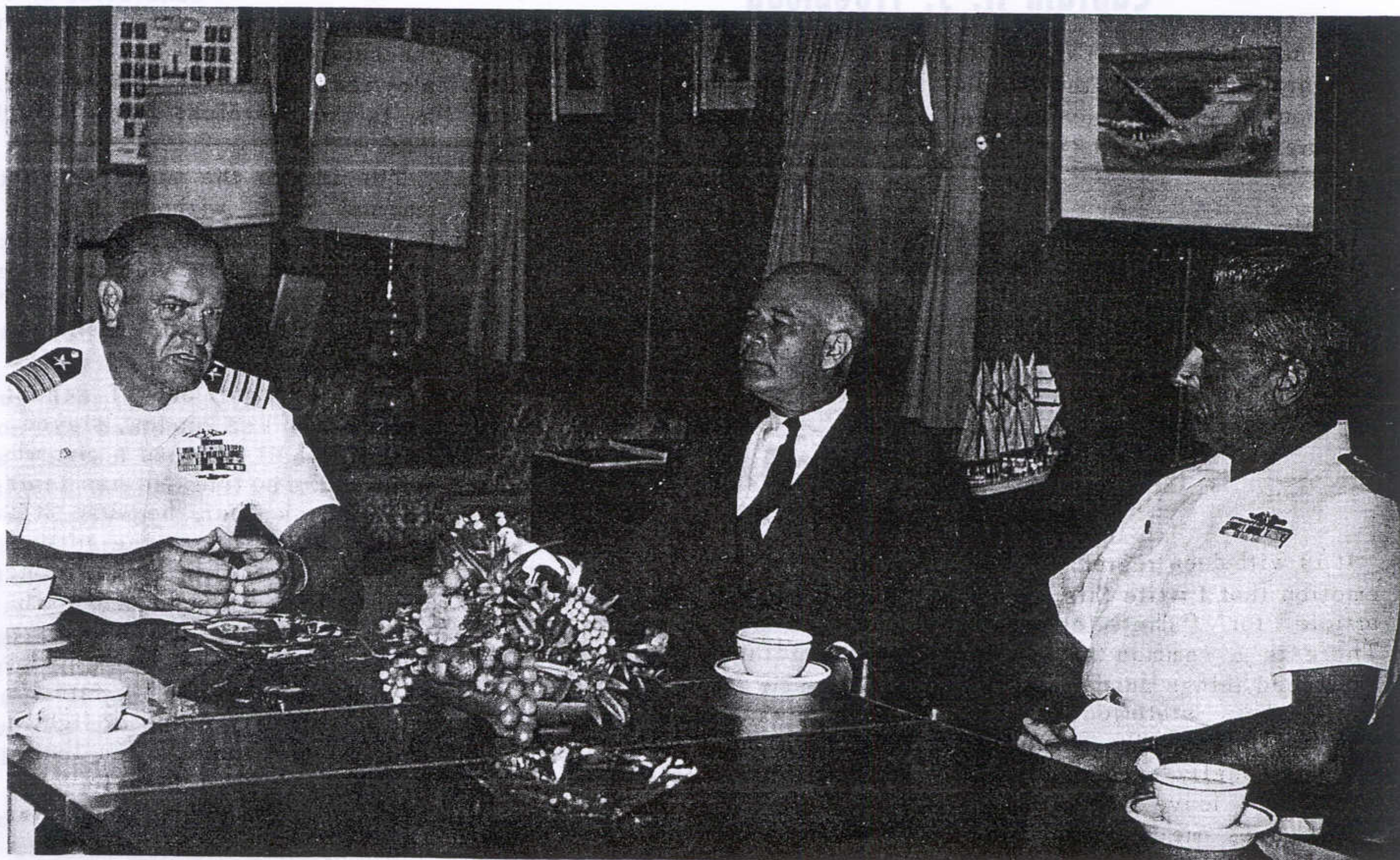
USS CANOPUS (AS 34)

JULY 1968

SECNAV

VISITS

CANOPUS



On July 12, 1968, the Honorable Paul R. Ignatius, secretary of the Navy, made an informal visit to CANOPUS. Los Angeles born, he became secretary on September 1, 1967 after serving as assistant secretary of Defense (Installations and Logistics) since December 12, 1964.

He is a 1942 graduate of the University of Southern California and holds a masters degree from Harvard (1942) in Business Administration.

During World War II, he served as a Lieutenant in the U. S. Naval Reserve, principally as an aviation ordnance officer in the escort aircraft carrier MANILA BAY in the Pacific.

Pictured with Mr. Ignatius are Captain W. E. Sims, USN, Commander Submarine Squadron SIXTEEN and Captain H. J. Trueblood, USN, Commanding Officer USS Canopus (AS 34).

COMMAND COLUMN



by

Captain H. J. Trueblood

The recent informal visit by the Secretary of the Navy, the Honorable Paul R. Ignatius gave me the pleasure of showing off CANOPUS

at work here in Spain. The ship looked excellent and Mr. Ignatius commented most favorably on her appearance and performance. All hands have my, "Well Done", for your continued excellence.

My sincere thanks for your generous contribution for the families of the traffic accident victims. Your generosity has done much to further understanding locally and has permitted us to establish a trust fund for long term assistance to the families as needed.

Also, congratulations to the softball team on winning the Base Championship. Your excellence, enthusiasm, and sportsmanship were a credit to CANOPUS.

And finally, the emphasis on traffic safety continues. I expect each of you to set the example of sobriety, responsibility, and courtesy on the highway. Drive defensively and enjoy Spain.

Editorial

Eighteen and fighting for Nineteen

Vietnam ... (NavNews) ... (Ed. Note: The following letter was written by Marine LCpl. Donald E. Griss, or "A" Co. 5th Shore Party BN., Fleet Marine Force, FPO, San Francisco, Calif.)

"Just imagine, most of the men over here are 18 and fighting to make it 19. The average age of the combat soldier in many units is 18½. And what a man he is, a pink - cheeked, tousle - haired, tight - muscled fellow who under normal circumstances would be considered by society as half man and half boy, not yet dry behind the ears and a pain in the unemployment chart. But here and now he is the beardless hope of free man.

"He is, for the most part, unmarried and without material possessions except possibly for an old car at home and a transistor radio here. He listens to rock - 'n - roll and 105 millimeter howitzers.

"He just got out of school, received so - so grades, played a little football, and had a girl who promised to be true. He has learned to drink beer, because it is cold and "is the thing to do." He is a private first class, a one-year veteran with one or possibly three years to go. He never cared for work, preferred waxing his own car to washing his father's, but he is now working or fighting from dawn to dark, often longer.

"He can dig a foxhole, apply first aid to a wounded companion, march until he is told to stop or stop until he is told to march. He has stood among hills of bodies, and he has helped to build those hills. He has wept in private and in public, and has not been ashamed of doing either, because his pals have fallen in battle and he has come close to joining them.

Con't on page 8

CROSS

CURRENTS

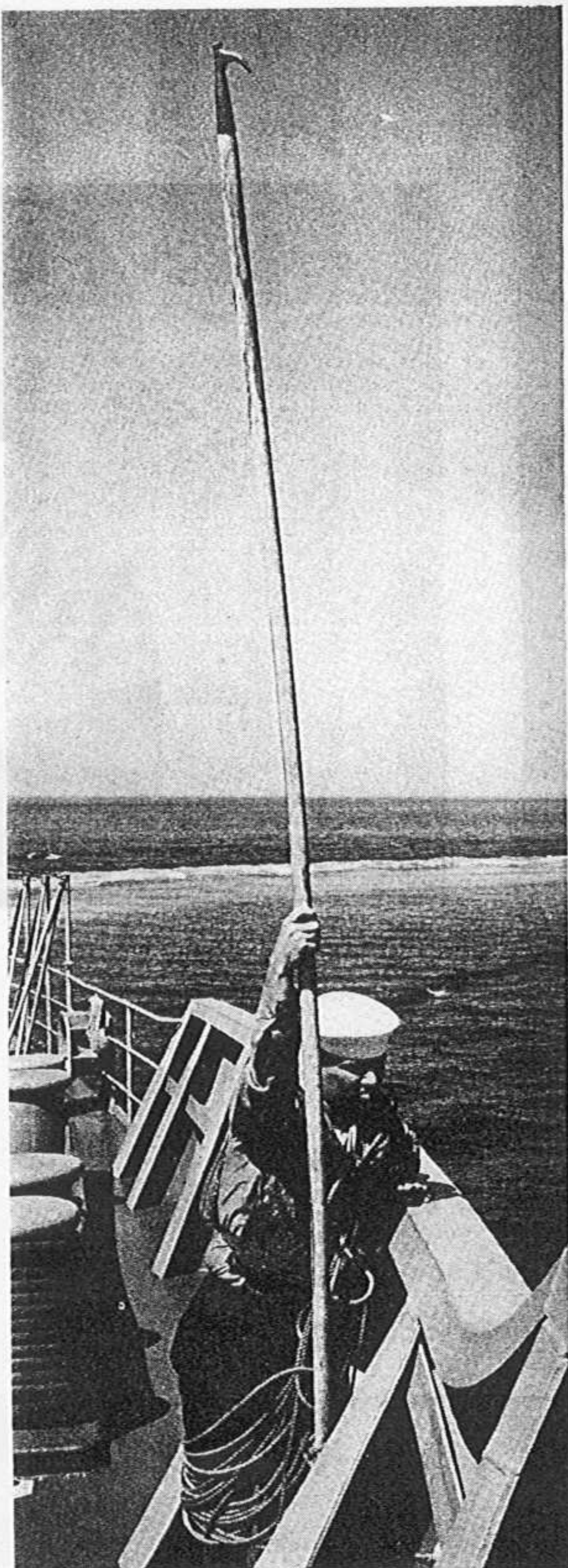
by Chaplain F. E. Whitaker



It is with deep regret and mixed emotion that I write this, my last article for "The Helmsman." There is a common saying that "all good things must come to an end." This statement is both true and false at the same time, and I personally feel it is invalid. I will soon leave CANOPUS and that causes me personal regret but the "good things" will not come to an end. The great benefits from having served on this fine ship will forever remain a part of my life. The friendships made and the opportunity of having had a ministry with an outstanding crew of men working and serving together is an everlasting good. I leave you and the ship in

full knowledge that I have received much more good than I have given and in the admonition of the Apostle Paul, "I shall never cease to thank God for you, and shall remember you always in prayer." My final word through this medium is that I sincerely hope and pray that all of you will forever maintain a close relationship to God, increase and practice your faith, and give attention to Divine Services of worship as a part of your life and service to this ship, your country and your God. May the peace of God which passes all understanding be your richest blessing as I depart your company.

On the Hook



That first underway is an experience many a 'salty dog' of today remembers as this CANOPUS sailor will --- his first mail buoy watch! Equipped with a boat hook and line, and outfitted with a life jacket, and explicit instructions the watch nevertheless failed to produce a single letter! Maybe that young SN this man assigns to the watch years hence will do better.

Another CANOPUS 'Well Done'



Lieutenant Whitaker and Lieutenant Carver were recipients of a citation for an outstanding performance on a classified project. This project was during the period December 20, 1967 through January 17, 1968. Also receiving a citation but not present was SFC Don St. Pierre.

Lieutenant Helm also received a citation in conjunction with a job for the Naval Shipyard, Charleston, S.C. This was a replacement of a main storage tank on USS Casimir Pulaski (SSBN 633).

Captain Trueblood presented the citations in his cabin on July 12 with Captain Sims looking on.

DECK DEPARTMENT

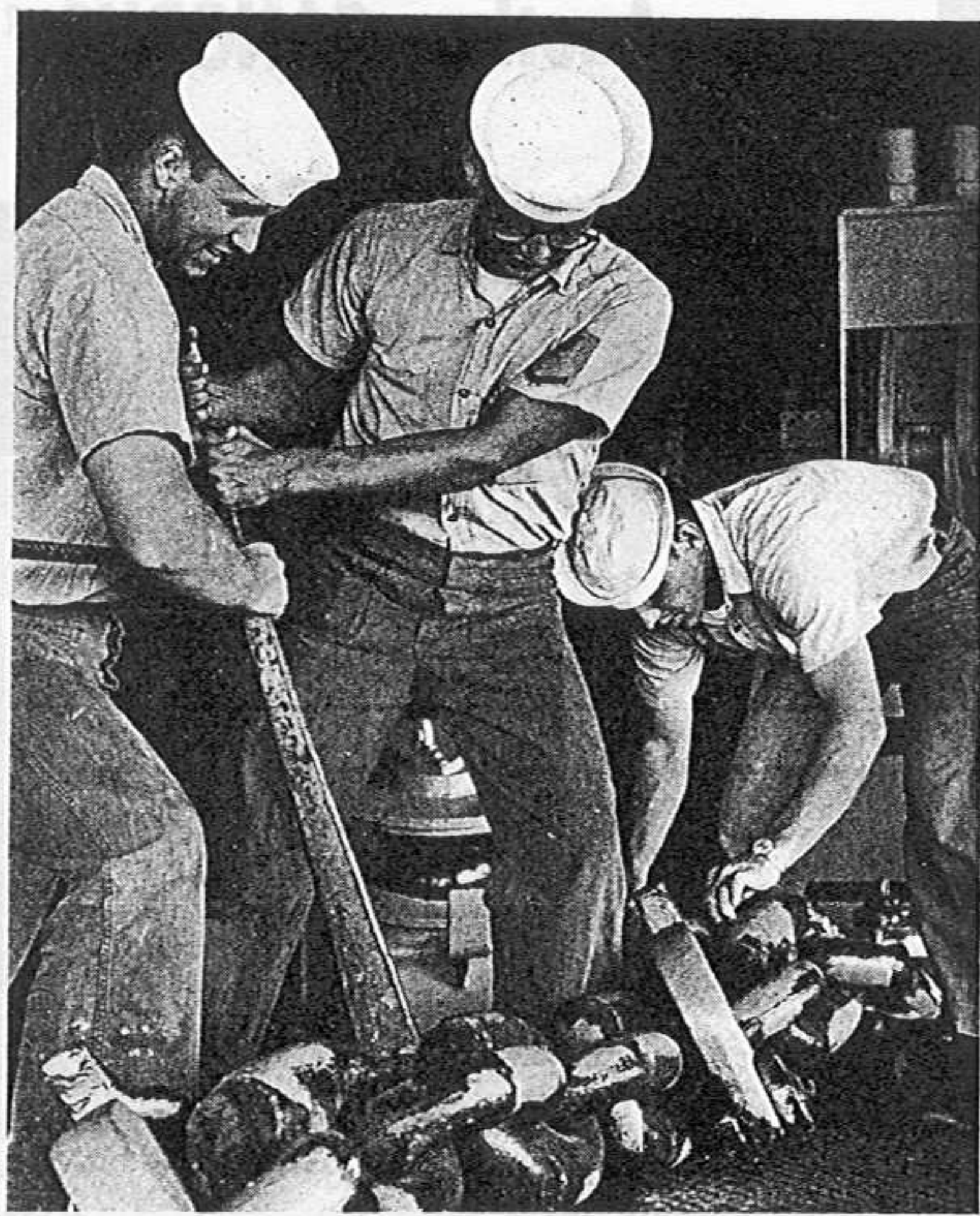
Sea Breeze

THIRD DIVISION

June finds only one new face in Third Division. We welcome aboard FA W. V. Keane and hope he enjoys his tour aboard CANOPUS. June 27 and 28 found the Deck Department "partying hard" at the department party. Birthday congratulations go to FN J. Molchan who finally vacated the "teeny bopper" status and turned 20. Best wishes and we hope you have many more in the Navy. July finds our Division Leading Petty Officer, BM1 Blalock, on leave touring Spain's campsites. As strange as it seems, one of the tents he had strongly resembled a section of the awning from the foc'sle.

SN Dickey will be leaving us around July 11 and he promised to send us a post card from the 'big green island'. It'll probably be one from the Navy Yard in Philadelphia. Nice guy, huh? BM3 Kale and his baby chick have given up Rota rooting and have turned towards a serious effort to make second class. You can do it Dave! Third Division's finest, Lt. Evans, recently traveled to Kenitra to play softball for CSS-16. It seems the only action his arm saw was carrying 25 pounds of lead weight, which was concealed in his suitcase, off the brow of CANOPUS. How did that happen? In closing, Third Division would also like to know who was the 190-average bowler who rolled a startling 126?

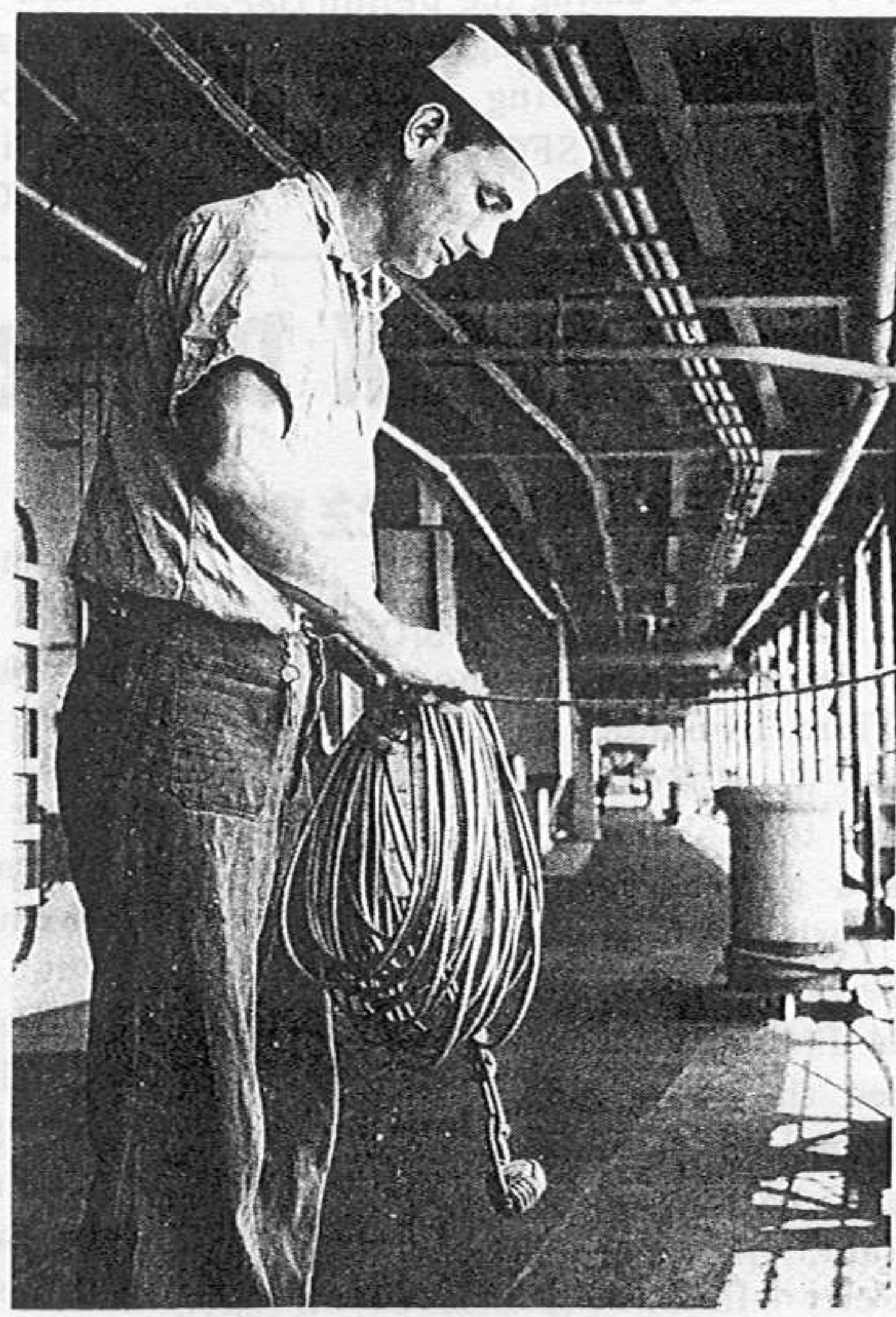
Division of the THIRD



Preparing to drop the aft anchor are (left to right) SN L. Hedgepath, BM3 D. Kale, and SN R. Morin.



Lt. G. C. Evans



SN H. O. Wilfong doesn't have to worry about this part of his practical factors as he makes up a heaving line.



BMSN D. E. Gorman looks cal BM as he ties a mast

of the Month

THIRD

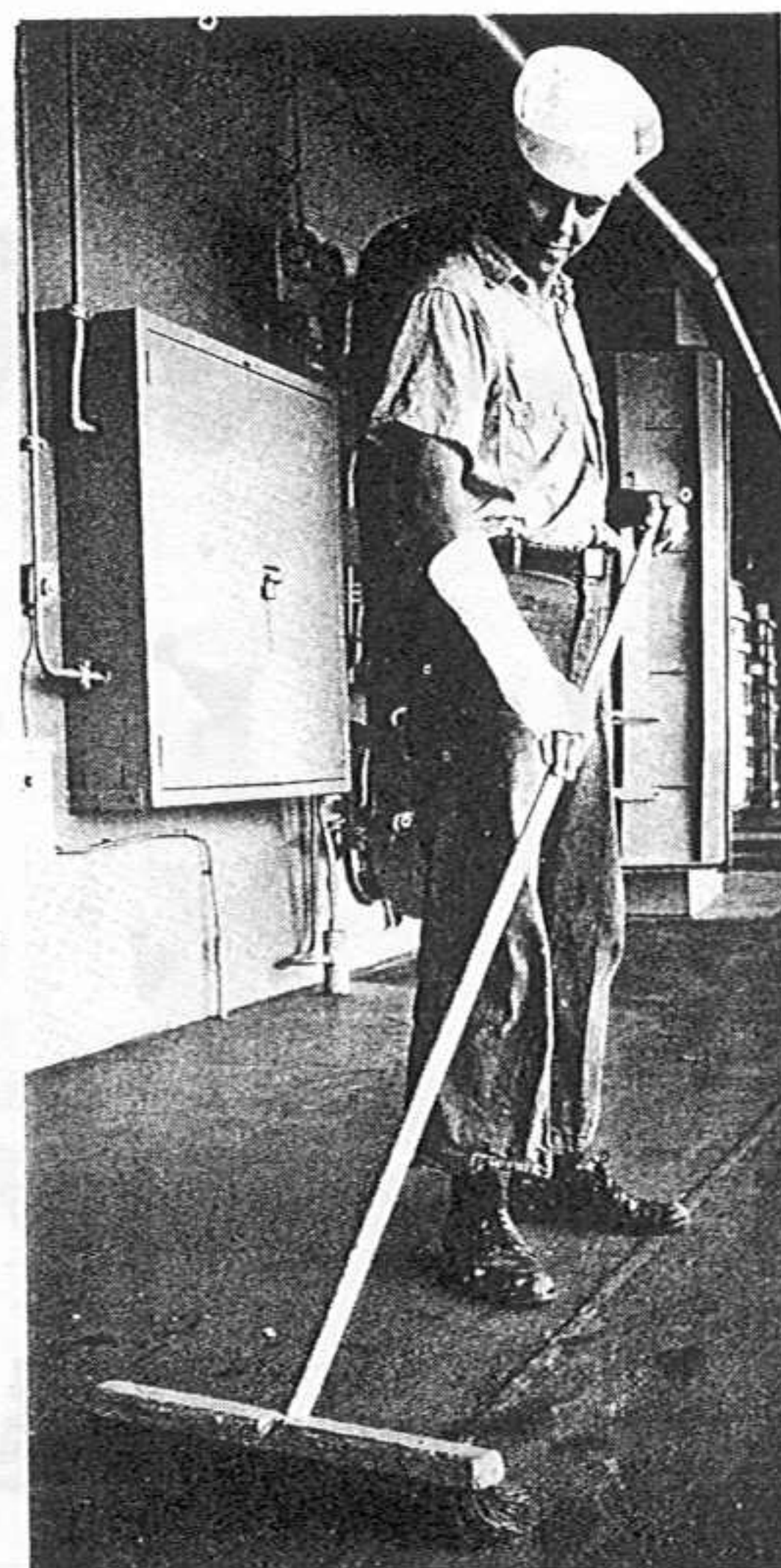


Evans -- "El Jefe" at work

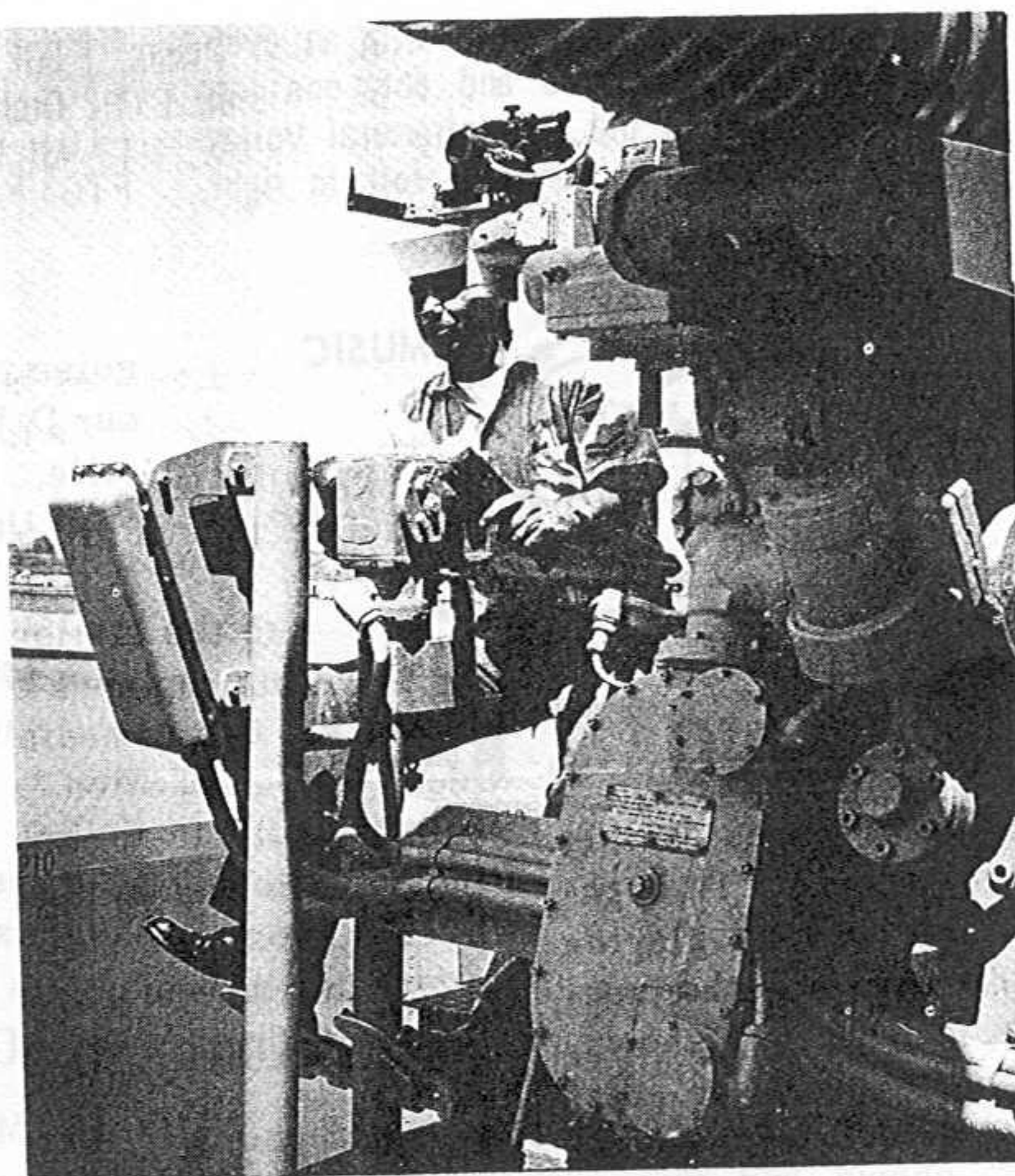


E. Gorman looks the typical as he ties a masthead knot.

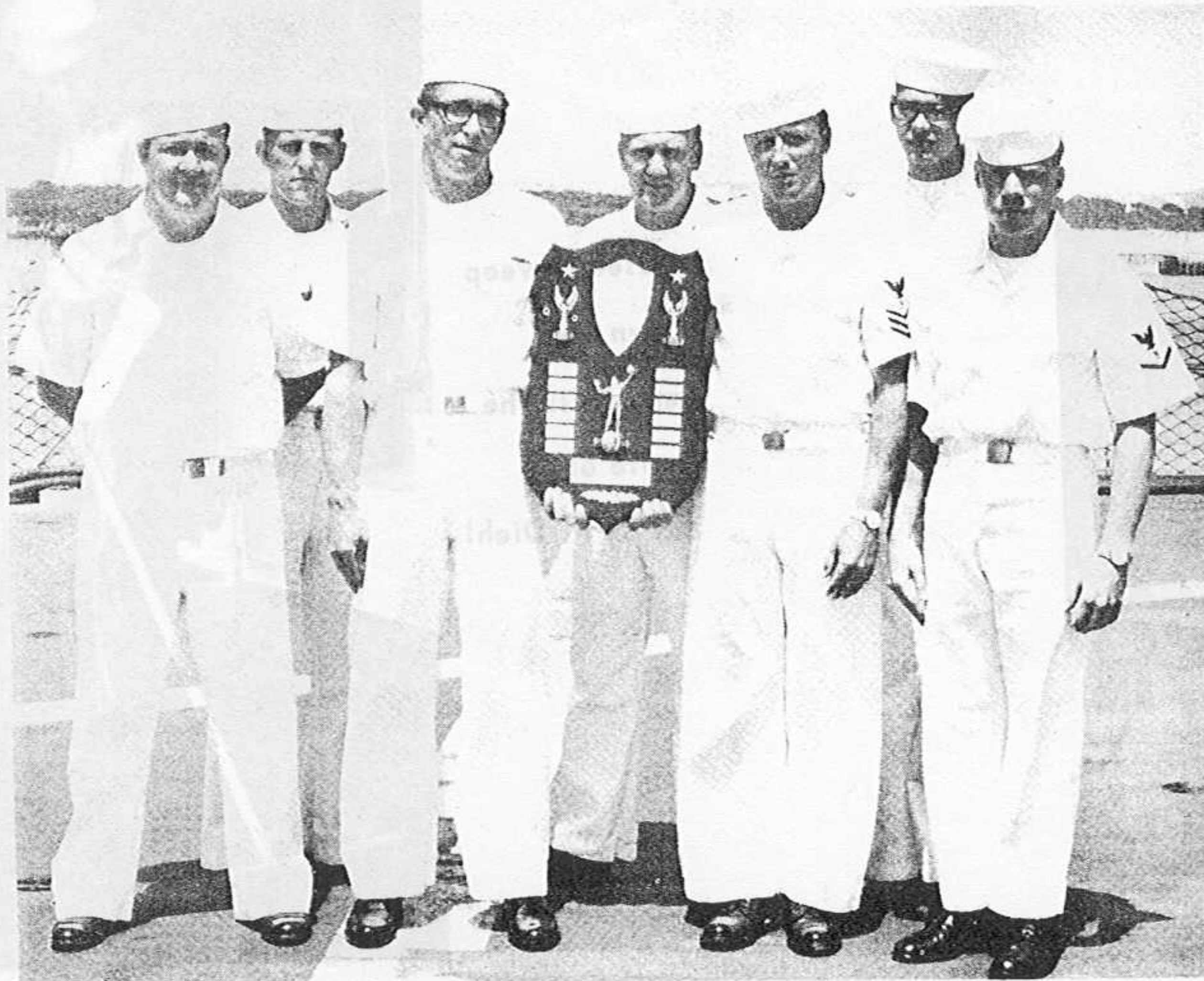
A clean sweep
down fore
and aft is the
motto of
SN R. P. Diehl.



On the mount is
GMG2 M. George
as he trains the
3/50's.



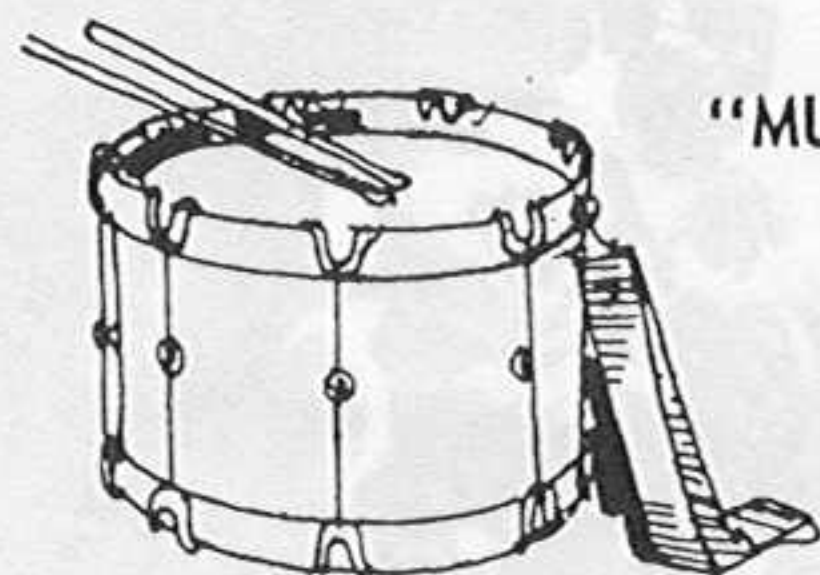
CANOPUS SPORTS



'First Place Team'

Finishing in First Place with an overall record of 13 wins and only one loss are members of the W-2 Intramural Volleyball team. Team members, left to right,

are FTB1 Dan Young, FTG2 Don Nickle, FTG1 Jack Florin, FTB2 Dick VanHooser, FTG1 Tom Murphy, MT3 Art Kotopka, and FTG3 Ray Bieze.



"MUSIC

BEAT"

WSTC RADIO

The month of August means another WSTC rock 'n roll special. Throughout the month we will be playing solid golden oldies, every other record, on all the rock 'n roll shows. In the past, WSTC has had great success with it's oldie but goodie shows and this promises to be another such success.

New to the station is SA Charles Hooker. He can be heard under the

guise of "Don Lee" as he fills in for our D.J.'s. Charlie hails from Gainesville, Florida where he worked for the University of Florida station, WUFT-TV.

Also new to the station is the "All Star 34". This replaces our old "Top 40" survey. Our immediate goal is to widen its circulation and bring a "solid sound" to the men in CANOPUS. Surveys may be picked up at the WSTC studios, the ship's library, or various distribution points.

WSTC RADIO SPOTLIGHTER

SN Michael S. Villerreal, USNR, is a native of Montgomery, Alabama. He is the son of MSgt. and Mrs. Samuel V. Patton.

Con't on page 7

'SECOND PLACE'



Placing second in the Senior Division of the Spain - Morocco Sports District Golf Tournament was Captain William E. Sims, USN, Commander, Submarine Squadron SIX-TEEN. Presenting the trophy is Frank Duffy, Director of the Spain - Morocco Golf Tournament.



"... BEEN JUMPIN' LIKE THAT ALL DAY, ... BUT NOT ONE STRIKE."

CANOPUS Takes Seven

The 1968 Naval Station Rota Track and Field meet was held on June 29, 1968 at the DGF High School field. The meet saw seven CANOPUS team members pitted against a much larger team from the Naval Station Marine Barracks. The smaller CANOPUS team made an outstanding showing, capturing seven firsts and three seconds.

On the track, CANOPUS took the mile with Bob Tarkany winning in 5:20:03, the 440 relay with Tom Paonessa, Dallas Bowers, Bob Tarkany, and Clark Turner winning in 49:70 and the 880 relay with Clark Turner, Dallas Bowers, Bob Tarkany, and Ken Woosnan winning in 1:47:02. The 380 relay was the best race of the day with CANOPUS crossing the line at 1:47:02 and the Marines finishing a close second in 1:47:03. Ken Woosnan of CANOPUS won the 440 yard dash in 1:03:06.

In the field, Dallas Bowers set new records in the javelin and discus competition. His javelin throw was 135'4", 23'8" better than the previous record. He also scored second in the shot put and the broad jump. Ted Robbins of CANOPUS scored a win in the shot put, tossing a 39'11" throw. He also scored second in the discus.

WSTC Radio Spotlighter Continued

Mike came to WSTC in December 1967 shortly after reporting to CANOPUS. He can generally be heard as he fills in for the D.J.'s who are unable to make it.

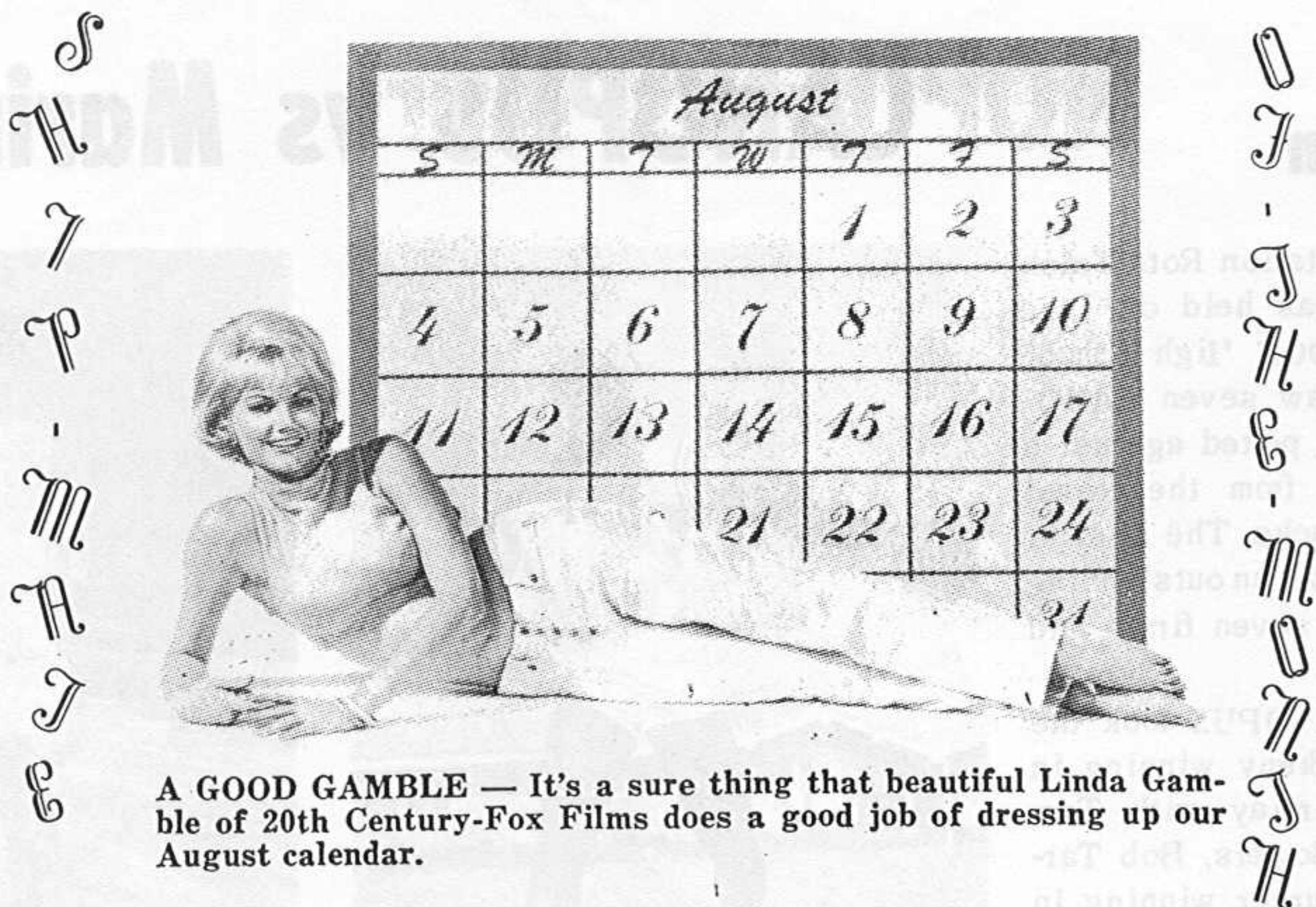
Mike's hopes upon completion of his service duty in September 1969 are to return to broadcasting. He was employed at WBAM Radio in his home town while attending high school.

Mike is attached to "X" Division where he works in the Captain's Office as a yeoman. He is active on his division's softball team. Mike and his wife, Jane, reside in Rota.

CANOPUS vs Marine Bks



EVENT	COMMAND	WINNER(S)	TIME/DIST.
100 yd dash	Marine Bks.	Miles	10.7 sec.
220 yd dash	Marine Bks.	Miles	25.8 sec.
440 yd dash	Canopus	Woosnan	1:03:06 min.
440 yd relay	Canopus	Paonessa, Tarkany, Turner, Bowers	49.7 sec.
880 yd relay	Canopus	Woosnan, Tarkany, Turner, Bowers	1:47:02 min.
Mile Run	Canopus	Tarkany	5:20:03 min.
Shot Put	Canopus	Robbins	39 ft. 11 in.
Discus	Canopus	Bowers	135 ft. 4 in.
Javelin	Canopus	Bowers	148 ft. 6 in.
High Jump	AMD	Nelson	5 ft.
Broad Jump	Marine Bks.	Miles	17 ft. 11 in.



A GOOD GAMBLE — It's a sure thing that beautiful Linda Gamble of 20th Century-Fox Films does a good job of dressing up our August calendar.

Editorial con't

"He has become self - sufficient. He has two pair of fatigues, washes one and wears the other. He sometimes forgets to brush his teeth, but not his rifle. He keeps his socks dry and his canteen full. He can cook his own meals, fix his own rips --- material or mental.

"He will share his water with you if you are thirsty, break his rations in half if you are hungry, and split his ammunition if you are fighting for your life. He can do the work of two civilians, draw half the pay of one, and yet find ironic humor in it all.

"He has learned to use his hands as a weapon, and his weapon as his hands.. He can save a life or most assuredly take one. He is now 19, a veteran, and fighting to make it 20. What a man!!

Clip and Save

Military Basic Pay, Effective July 1, 1968, As Provided in the Uniformed Services Act of 1967 (Public Law 90-207)

OFFICERS														
Pay grade	2 or less	Over 2	Over 3	Over 4	Over 5	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22
O-10 ¹	\$1,607.70	\$1,664.40	\$1,664.40	\$1,664.40	\$1,664.40	\$1,728.00	\$1,728.00	\$1,860.60	\$1,860.60	\$1,993.80	\$1,993.80	\$2,126.70	\$2,126.70	\$2,259.80
O-9	1,425.00	1,462.20	1,493.70	1,493.70	1,493.70	1,531.20	1,531.20	1,594.80	1,594.80	1,728.00	1,728.00	1,860.60	1,860.60	1,993.80
O-8	1,290.60	1,329.30	1,360.80	1,360.80	1,360.80	1,462.20	1,462.20	1,531.20	1,531.20	1,594.80	1,594.80	1,728.00	1,728.00	1,993.80
O-7	1,072.20	1,145.40	1,145.40	1,145.40	1,145.40	1,198.40	1,198.40	1,265.70	1,265.70	1,329.30	1,329.30	1,462.20	1,462.20	1,594.80
O-6	794.40	873.30	930.30	930.30	930.30	930.30	930.30	930.30	930.30	930.30	930.30	930.30	930.30	930.30
O-5	635.40	746.70	797.70	797.70	797.70	797.70	797.70	822.60	822.60	868.40	868.40	924.30	924.30	930.30
O-4	536.10	652.20	696.30	696.30	696.30	706.60	740.40	790.80	790.80	835.20	873.30	911.40	936.90	936.90
O-3 ²	498.30	556.80	594.60	594.60	594.60	689.70	714.90	753.30	790.80	810.00	810.00	810.00	810.00	810.00
O-2 ²	399.30	474.30	569.70	569.70	569.70	600.90	600.90	600.90	600.90	600.90	600.90	600.90	600.90	600.90
O-1 ²	343.20	379.80	474.30	474.30	474.30	474.30	474.30	474.30	474.30	474.30	474.30	474.30	474.30	474.30

¹While serving as Chairman of the Joint Chiefs of Staff, Chief of Staff of the Army, Chief of Naval Operations, Chief of Staff of the Air Force, or Commandant of the Marine Corps, basic pay for this grade is \$2,493.00 regardless of cumulative years of service.

²Does not apply to commissioned officers who have been credited with over 4 years' active service as enlisted members.

OFFICERS CREDITED WITH OVER 4 YEARS' ACTIVE SERVICE AS ENLISTED MEMBERS												
Pay grade	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 26	Over 30
O-3	\$658.50	\$689.70	\$714.90	\$753.30	\$790.80	\$822.60	\$822.60	\$822.60	\$822.60	\$822.60	\$822.60	\$822.60
O-2	588.60	600.90	620.10	652.20	677.40	696.30	696.30	696.30	696.30	696.30	696.30	696.30
O-1	474.30	506.40	525.30	544.20	563.10	588.60	588.60	588.60	588.60	588.60	588.60	588.60

WARRANT OFFICERS														
Pay grade	2 or less	Over 2	Over 3	Over 4	Over 5	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22
W-4	\$507.30	\$544.20	\$544.20	\$556.80	\$582.00	\$607.50	\$632.70	\$677.40	\$708.60	\$734.10	\$753.30	\$778.20	\$804.00	\$866.40
W-3	481.10	500.40	500.40	506.40	512.70	550.20	582.00	600.90	620.10	638.70	658.50	683.70	708.60	734.10
W-2	403.80	438.80	438.80	449.40	474.30	500.40	519.30	537.90	556.80	578.00	594.60	613.50	638.70	658.50
W-1	356.60	386.10	386.10	417.90	436.80	455.70	474.30	493.80	512.70	531.60	550.20	569.70	589.70	569.70

ENLISTED MEMBERS														
Pay grade	2 or less	Over 2	Over 3	Over 4	Over 5	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22
E-9 ¹							\$576.30	\$589.50	\$603.30	\$616.50	\$630.00	\$642.60	\$676.50	\$742.20
E-8						\$483.60	497.10	510.30	523.80	537.00	549.90	563.40	596.70	663.00
E-7	\$303.90	\$384.20	\$377.70	\$391.20	\$404.40	417.30	430.50	444.30	464.10	477.30	490.50	497.10	530.40	596.70
E-6	261.90	318.00	331.20	344.70	358.20	371.10	384.60	404.40	417.30	430.50	437.40	437.40	437.40	437.40
E-5	226.20	278.70	291.90	304.80	324.90	338.10	351.30	364.20	371.10	371.10	371.10	371.10	371.10	371.10
E-4	190.20	236.50	251.70	261.70	285.00	285.00	285.00	285.00	285.00	285.00	285.00	285.00	285.00	285.00
E-3	137.70	182.00	205.50	218.70	218.70	218.70	218.70	218.70	218.70	218.70	218.70	218.70	218.70	218.70
E-2	113.40	159.00	159.00	159.00	159.00	159.00	159.00	159.00	159.00	159.00	159.00	159.00	159.00	159.00
E-1	109.50	145.50	145.50	145.50	145.50	145.50	145.50	145.50	145.50	145.50	145.50	145.50	145.50	145.50
E-1 (under 4 months)	102.30													

¹While serving as Sergeant Major of the Army, Master Chief Petty Officer of the Navy, Chief Master Sergeant of the Air Force, or Sergeant Major of the Marine Corps, basic pay for this grade is \$902.40 regardless of cumulative years of service computed under section 205 of this title.

On the Helm



CANOPUS was host to a Girl Scout Troop on June 25. Shown here is RM2 Laurel Giambra explaining the operation of the ship's helm. How about one of these girl's taking the helm on our next time out to sea?

DRIVE SAFELY - AND LIVE The Helmsman

THE HELMSMAN is published monthly onboard the USS CANOPUS (AS-34) for the crew and their dependents in compliance with Navso P-1035 (Rev 12-65) with appropriated and non-appropriated funds. The HELMSMAN is a member of the Armed Forces Press Service. Opinions expressed herein are those of the writers, unless otherwise stated, and are not necessarily those of the Department of the Navy or of this Command.

COMSUBRON 16

Captain William E. Sims, USN
Commanding Officer

Captain H. J. Trueblood, USN
Executive Officer

Commander W. J. Kraus, USN
Editor

Lt.. John Paul Surprenant, USN
Assistant News Editor

SN Mark L. Roby, USN
Staff Artist

EN3 James A. McKee, USN
Layout and Vartypist

SN Mark L. Roby, USN
Photography
Production

Photo Lab
Print Shop