

The HELMSMAN

USS CANOPUS (AS-34) Holy Loch, Scotland

November 1974

SCOTLAND THE BEAUTIFUL

By Yvonne Cant, Community Relations Adviser

This is the first in a series of articles by Miss Cant on the sights and stories of Scotland.

The River Clyde is the most famous of our rivers; it is also the longest in Scotland, measuring 106 miles. Modest dimensions, great importance. Let me tell you some of the facts and legends connected with a few of the towns the river passes through, from its source in the Lowther Hills in Lanarkshire, to its final grandeur.

After meandering through Lanarkshire's rolling hills and small towns, the Clyde flows through the centre of Glasgow. It is this part of the river that has become World famous for the shipbuilding industry, which at one time could claim the distinction of being the place where more ships were built than any other place in the world. In the Second World War, shipbuilders on the Clyde launched close on two thousand ships, repaired over 23,000, and converted hundreds of others. They built or repaired at least thirteen ships a day for five years.

The river then passes on to the town of Renfrew, not much to look at now, but a very ancient town. There was once a castle in Renfrew which saw the start of the Royal House of Stewart, from whom our present Queen is descended. In 1157 Walter Fitzalan was appointed the King's High Stewart, and was given the lands of Renfrew. His family thus adopted the name Stewart, and in 1314, Walter Stewart married Marjory, daughter of King Robert the Bruce. Her son became King of Scotland in 1370, and so started the Stewart line. In the 15th century, the heir to the Scottish throne was given the title "Baron of Renfrew." Prince Charles, the present heir to the throne, still holds the title.

On the other side of the river is the town of Old Kirkpatrick, said to be the birthplace of St. Patrick, patron saint of Ireland. The legend goes that the Devil beset the Saint, who fled to Ireland. When the Devil saw the holy man escaping, he wrenched a rock from Dumbuck Hill and threw it at him. Fortunately it missed, and today is known as Dambarton Rock, 260 feet high, and a mile in circumference.

If you are an admirer of the author A.J. Cronin, you might be interested in Dumbarton, the setting for his first novel, 'Hatter's Castle'.

Crossing the river again, we come to Greenock, originally a tiny fishing village, but created a Burgh in 1707. Greenock was the birthplace of the great inventor James Watt, the poet John Davidson and the pirate Captain Kidd. Just along a bit is Gourock, built around Kempock Point, and a favorite holiday resort. Kempock Stone, known locally as 'Granny Kempock' used to hold great powers for sailors and fishermen. They said that if you took some earth from around the stone and used it as ballast, your ship was safe from evil.

Another story is that sailors would march around 'Granny Kempock' seven times carrying baskets of sand and chanting incantations for a fair wind and safe voyage. I hasten to add that this sort of activity is not recommended today. At a witch trial held in Gourock in 1662, a teenage girl named Mary Lamont confessed to being a witch and that the Coven (twelve witches and the Devil) planned to throw 'Granny Kempock' into the Firth. Mary Lamont burned at the stake.

We have now reached the Firth of Clyde, where there are many small holiday resorts including Helensburgh, where the Eighth Baron of Colquhoun and Luss, Sir James Colquhoun, decided to change the small village into a town and named it after his wife Helen. One of Helensburgh's most famous sons was John Logie Baird, the inventor of television.

On the edge of Holy Loch stands Strone. They say that if you draw a line from Strone point in a South-south-westerly direction it will not touch land until it arrives at Spain. Looking at the map this is hard to believe - perhaps you could try it sometime.

Then there is Holy Loch. There are two versions of how Holy Loch came by its name. One is that St. Mungo, patron saint of Glasgow went to the Holy Land for some earth to place in the foundations of Glasgow Cathedral. On the way back with the precious soil, the ship sheltered from a storm in this Loch. The storm was so fierce that the ship sank and most of the soil was lost. So, since the Holy soil was at the bottom of the bay, it was called Holy Loch. What little soil was salvaged was brought ashore where Kilmun stands now, and was used as a foundation for the old kirk there. However, the most likely story concerns Kilmun itself. Kilmun in the Gaelic means 'the church of Mun' and it seems that the Loch was named after St. Fintan Munnu, 'Mun' for short, who lived there in the sixth century.

Across from Strone is Hunter's Quay, which was named after the local laird, Robert Hunter of Hafton, who built the first pier at Dumoon. The present pier was built in 1898. The building above Dumoon pier where the Town Council has its chambers, was built in 1882 by the Lord Provost of Glasgow, James Ewing. Just below this you will see a statue of 'Highland Mary'. 'Highland Mary' was Mary Campbell, who was born in a thatched cottage at Auchamore Farm. When she was a young girl she went to Ayrshire to work, and there fell in love with our Scottish bard Robert Burns. He was married already, but he and Mary exchanged Bibles over running water, and so considered themselves married in the 'Scotch style'. Later she left Ayrshire to visit her parents in Dumoon, but died of a fever in Greenock. The statue shows Mary looking to Ayrshire, where she met her Rabbin.

There are many stories about the Clyde and Cowal areas, some true some not so true. Most of the stories we hear today have been passed from generation to generation. In telling, they have been adapted to give an air of romance and mystery. And one day, the children of future generations may be told stories of the big ship that once lived in Holy Loch, and of the strange sounding people from across the ocean who came with it!

The



HELMSMAN

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NWCA #247

Our regular meeting was held November 6 at the Y. Plans for the month of December were discussed, more on them later. A Christmas bazaar was held November 16, and we would like to thank all those who donated the many hours of work needed to make it a success, and those who bought our many items. This is one of our annual events, and each year we seem to have a bigger and better sale.

NWCA No.247 participated in the lunch November 12 for the Royal Navy wives at Faslane, also attending were Australian wives and wives from Greenock. It was a great pleasure to meet wives from these other services.

Recently, some of our members have been going to Blairhin to play bingo with the oldsters staying there on holiday. They have enjoyed our visits so much that we are making this a monthly event. We are also going to Struan Lodge and Castle Toward this month.

At our meeting, President Pat Rutter and Parliamentarian Linda Hedden reported on their trip to the National Convention in Texas. Despite long waits for Space A flights, they arrived in Corpus Christi, Texas, in time for the opening of National Convention, which began

Sunday October 14 with a memorial service for the NWCA members who had passed on in the last year.

Monday saw the first regular session, with keynote guest speaker MCPON Jack Whittet, Master Chief Petty Officer of the Navy, who also held a question and answer period. The luncheon was in honor of the National Chairman: others honored included Pat Rutter, who is NWCA Goodwill Ambassador to Europe. Business sessions for the week included a revision of the scholarship by-laws, and the planning of guidelines for Goodwill Ambassadors. On Thursday new National Officers were elected, and at a lunch in honor of National Scholarship Officers, donations to the scholarship fund were received. They amounted to over \$5,000, from NWCA clubs and from private gifts.

NWCA is very grateful for the donations, which will enable clubs to help more children of enlisted personnel in attending college.

Friday afternoon, ambassadors Pat Rutter and Nancy Johnson met with delegates from Guam, Japan and Spain for a discussion of the pleasures and problems of being stationed overseas. This was highly beneficial to all.

Two memorable social events of the week were the luau given by a Hawaiian member of Corpus Christi No.165 and her committee, who all did a really great job, and the final happening of the Convention, the Awards Banquet, held on Friday evening.

At the banquet, No.247 was presented its first Blue and Gold award, for participation in certain projects during the year. It was proudly received, our first, and we trust it will not be our last.

Saturday morning saw farewells made, with Pat and Nancy on the return journey to Scotland. Slowly. They had to wait seven days in Dover for a return flight to Britain. Nights they slept on chairs, an unenviable experience, and ate most of their meals from the "Roach Coach" across the street. Finally they got to Frankfurt, only to find it was two more days wait for a plane to England. But for all their travel troubles, they would not have missed the Convention trip for anything. We welcome them back, as we also greet new members Pocha Warren and Anna Romero, who joined in November.

Upcoming events for December are our annual Christmas social, at the Couples Club, December 18, and our Family Night Potluck Supper at the Y, December 22. Santa will be there!

Our next meeting is at 1pm, December 4, at the Y. Please join us.



CPO WIVES CLUB

The CPO Wives Club installed this year's new Officers October 17 at the CPO Club. Outgoing President Gillian Knoblett presided over the installation ceremonies and luncheon. Honored guests present were Commodore and Mrs. Lewis, Captain and Mrs. Alexich, Chaplain Dolaghan, LCDR and Mrs. Owen, LCDR Baker and NWCA Vice President Janet Stoker. Father MacDonald gave the blessing and everyone had an enjoyable meal.

Chaplain Dolaghan administered the oath of office to the new officers: President Molly Belushi, Vice President Andrea Baermeyer, Secretary Michelle Swift, Treasurer Mary Alegado and Chaplain Maria Vasquez. Three new members, Gloria Shields, Norma Straw and

Margie Webb took the club oath, also administered by Chaplain Dolaghan.

Mrs. Knoblett presented charms to the outgoing officers for their assistance during the past year. FTBC Knoblett was presented cuff-links for his support of Gill during her presidency.



President Molly Belbusti receiving the gavel

Commodore Lewis gave a short address, mentioning the support the CPO Wives club has given to Community projects. After this, he presented Juanita Blanchard, Gillian Knoblett and Molly Belbusti with pins for their work as ombudsmen. Mrs. Knoblett handed over the gavel to Mrs. Belbusti, bringing the proceedings to a close.



LOCKSMITH

Try this word association game. What comes to mind when the word 'Locksmith' is mentioned? Maybe something simple like lock or key? How about security or safecracker? Locksmith can mean many different things to different people. That's what the Helmsman feature this month is all about, the Locksmith Shop.

CWO TOMPKINS, as R-2 Division Officer, has responsibility for this shop. With the skillful assistance of MRI Robert L. Kuhlmeier as LPD, the Locksmith Shop provides a vital service to CANOPUS. Keeping in mind the mission of CANOPUS and her ten submarines, all with high security areas on board, you soon realize the important job of the shop. A large part of the shop's workload is 'safecracking'. Services are frequently required to open safes whose combinations have been lost or forgotten. This happens more often than one would imagine, and together with the number of safes on site, it amounts to a full time job. PO Kuhlmeier said, "I can open any safe or locked space on CANOPUS or any submarine in a short length of time. (The exact time is classified). This includes weapons and security spaces. Since it has only taken me four years to learn how, just think how long a thief would require to open a simple padlock. If I didn't have to worry about damaging the lock, it would be even faster".

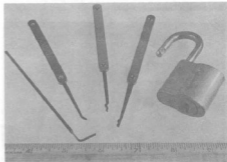
PO Kuhlmeier attended a basic lock construction course at Fresno City College, Fresno, California, his home town, and has completed

many correspondence courses. All of his training has been paid for by the G.I. Bill. PO Kuhlmeier is a member of the Locksmith Guild and the Locksmith Institute. In addition to this training, he was formerly a policeman with the Santa Maria, California, police dept.



MRI Kuhlmeier's 'box of tricks'

While working with the police department, he was attached to the Security Section, whose job it was to safeguard Vandenberg Air Force Base. In addition to being a civilian locksmith, PO Kuhlmeier is the only military locksmith in the United Kingdom, which requires him to do a lot of traveling in the British Isles.



To pick a lock

(Con't on page 4, column 2)

SOLDIERS OF THE SEA

On the 10th of November, 1974, the United States Marine Corps celebrated its 199th birthday. Originally consisting of an entire force of battalion size, Marines were employed in the American Revolution aboard Naval vessels. Their mission was three-fold: to provide sharpshooters during Naval encounters at sea; to provide a landing force if required; and to provide a ship's guard force.

In the two centuries since its founding, however, the Marine Corps mission and its responsibilities in helping to provide for the Nation's defense have been greatly expanded, but somewhat modified.

Today's Marine Corps provides an amphibious force in readiness, able to land, upon direction of the President, at any trouble spot in the world. However, Marines are still employed in their traditional role aboard ship, as evidenced by the Marine detachment aboard CANOPUS.

The mission of the Marine detachment aboard Canopus, like that of its continental predecessor, is three-fold. Its primary task is to provide nuclear weapons security. In addition, it is tasked with the provision of a gun mount crew and is required to maintain a landing force capability. At present the detachment consists of one officer and 31 enlisted marines, and is organized into a guard section and a small administrative section. All marines in the guard section are infantry trained and specially selected for ship's detachment duty. All have attended a 4 week sea duty indoctrination course at Marine barracks, Portsmouth Naval Shipyard, Virginia, prior to assignment on CANOPUS.

Guard duty occupies much of a Marine's time aboard CANOPUS. However, an extensive training program is conducted so that both shipboard and Marine Corps requirements may be met. This training is quite varied. Physical fitness and mission-oriented training are emphasized. At least quarterly, a field program is scheduled to provide practical application of information learned in the classroom. These field problems are normally conducted with one of the local British Army units, thus enhancing realism and allowing detachment Marines the unusual benefit of working with and observing an allied unit. Annually, the detachment travels to Glasgow for rifle and pistol qualification. In addition, qualified detachment personnel are periodically given the unique opportunity of attending Foreign Service Schools. These include the West German Parachute School and the British Royal Commando School.



Open House weapons demonstration

The Marines on CANOPUS perform a vital role in the accomplishment of the ship's mission. As the Marine Corps begins its 200th year of service to the Nation, these men continue the proud tradition of Marines as "Soldiers of the Sea."



HOLY LOCKER



STOP! Before you go any further, hold the rectangle close to you and blow on it.

If it turns GREEN, go straight to sick bay.

If it turns BROWN, go directly to dental.

If it turns PURPLE, see the "shrink" immediately

If it turns RED, see dispensing.

If it turns BLACK, check with legal and make a will.

If it remains CLEAR, you are in GOOD HEALTH.

AND

there is not any reason why you shouldn't be in Church Sunday.

Canopus Services

Catholic Mass

1100

Conference Room

Protestant Service

1100



LOCKSMITH (con't)

PO Kuhlmeier said that his training has cost about \$4,000 to date. At present, he is waiting for word on a school request. The makers of certain high security locks do not release any information about them, and they have to be damaged to get them open. The school would alleviate this problem, and save about two to four hundred dollars per lock.

During our interview, I related to PO Kuhlmeier how I had locked myself out of my car on the Dunoon-Gourock ferry. After explaining the inconvenience to myself and the ferry personnel, he gave me a small tip. Keep an extra key on the outside of your car just for such an emergency. There are many places it could be hidden, and if you can't think of one, just ask your neighborhood dope mugger.

Just how safe is your locker against a thief? PO Kuhlmeier said that a thief can open your locker in the time it took to ask the question. Why can't someone invent a lock that is theftproof? The simple answer is that a lock must be able to be opened by people for reasons such as routine business, fires, or if some part of the lock is broken. This means that an unauthorized person can put this to an advantage. Some security systems have more than one use. The fingerprint system is a good example. It is a photoelectric cell tied to a computer. When you place your hand against the cell, it compares your hand and fingerprints against those in the computer. The dollar bill changer works on this principle, and most of us have seen one.

(Con't on next page)

The Locksmith Shop also performs routine functions in its daily business. Among them are making extra keys, cleaning and fixing broken locks, and making small precision repairs for the periscope shop, optical shop and the watch repair shop. The Locksmith Shop has a machine that will make a new key in less than 30 seconds.

But locks are not a new invention. The need for security against unauthorized access was realized by the Egyptians over 5,000 years ago. The pin and tumbler type lock used today was first used by them. All that the Egyptian Pharaohs did was not able to keep robbers from the Pyramids, nor will a \$3.98 padlock keep a thief out of your locker.



LITTLE GREY SCHOOL HOUSE

Just about any weekday afternoon aboard USS CANOPUS, you can see a group of sailors gathered around a pretty girl in the ship's library. Got your attention? The sailors are students working towards their General Educational Development Test (GED) and the girl is Joyce A. Cannon, our local 'Schoolmarm'.



Grey Schoolhouse GED classes

These classes are part of the Navy's Educational Services Program, which has the stated objective: "To raise the educational level of personnel in the Navy in order to assist them in (a) preparing for more responsible military assignments and increasing their chances for promotion; (b) maintaining continuity in academic or vocational training begun before entering military service; (c) increasing their value to the civilian manpower pool when they are separated from the Navy; and (d) contributing to their appreciation of the quality of American life.

The wife of one of the ship's divers, EN1 Cannon, Mrs. Cannon is a Canadian, and received her B.A. from the University of Western Ontario, where she majored in English, Physical Education and Psychology. Her practical experience was gained while teaching for two years with the Canadian Defense Program in Germany.

This is her fourth class on CANOPUS and a total of seventy men from all rates have been enrolled in the courses she has taught.

The GED enables those who didn't finish High School to qualify for a High School Diploma and is a great College entrance primer.

College Anyone? Off-duty college courses are in full swing under the direction of Dr. Forest E. Studebaker of the University of Maryland. Two courses in American Government are in progress at this time, and plans are to offer four new courses beginning January 75.



Grey Schoolhouse College classes

So, if you want to take advantage of this golden opportunity to improve yourself and make the most of your abilities, don't put it off. Contact ESO today!



DRUNK DRIVING

Do you know what constitutes drunk driving under British Law? Eighty/hundredths mg. of alcohol in every 100 milliliters of blood is enough to convict you of driving with excess alcohol. The fine ranges from ten to fifty pounds sterling, plus a mandatory forfeiture of your driving license for one year. That means that your license is taken from you and that your home State is notified of the action.

Do you know what it takes to make .80 mg alcohol - little over one pint of local lager will do, or two shots of bar whisky.

If the police think an offense has been committed, they have the right to stop you, make a check, and insist that you take a breathalyzer test. If you refuse to comply, the penalties are the same as for a conviction of driving with excess blood alcohol, except that the Sheriff won't be inclined to show mercy. While we are on the subject of British driving regulations, there are a few others that should be mentioned. Did you know that the law requires that you have at least 1mm of tread on each of your tires? That your brakes and lights be in working order, and that your vehicle must be in generally safe condition? To enforce this, the police are authorized to stop any vehicle they feel is unsafe, and make a complete safety check, as well as check the operator and his liability (Third Party) insurance. Liability insurance protects anyone who might be injured by your driving the vehicle, and must be carried by the operator of any car on the road in Great Britain.

If all these regulations have made you decide to quit, there is one more thing you should know. If you sell a vehicle registered in the
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U.S., you, the seller, are required to notify the licensing authority of the name and address of the purchaser.

If you have any further questions about the British driving laws please contact the legal office before the police contact you.

A dispute between you and the police will be settled in the local Sheriff Court, and besides not liking the information you receive, it will cost you a lot more. Happy motoring!



CAREER COUNSELOR

EMC Charles STUTTS, Career Counselor, USS CANOPUS, follows through on his daily routine. In keeping with the theme of the 1974 Navy Birthday - "A Proud Tradition", EMC STUTTS reenlists for another six years. Since reporting to CANOPUS in August of 1973 and assuming the duties of Career Counselor, 143 CANOPUS personnel have reenlisted. A breakdown of these reenlistment statistics is: 67, or 54.4% first term reenlistees, and 76, or 95% of career reenlistees.

Chief STUTTS has every reason to be 'PROUD' of his role in the career retention program in CANOPUS.



DRAFT REGISTRATION

Parents and friends of young men are reminded that 18 year olds are still required to register with the Selective Service System.

Be sure the young man in your family registers within the 60-day period beginning 30 days before his eighteenth birthday.

Registration may be accomplished at a Selective Service System local board, with a volunteer registrar or by a mail-in registration card.



ADVANCEMENTS



MR. BATES promoted to LT



MR. WILLIAMS promoted to LT



MR. HEDRICK promoted to LT



Invest Regularly

IN

U.S.

SAVINGS BONDS

RE-ENLISTMENTS



ENC STUTTS
(See article on page 6)



MMC PHILLIPS



FT81 MOROSI



GMT1 STANLEY



HT1 WARREN



GMT1 BLEVINS



ET1 SPANGLER



MR1 TOTM



HT2 SNELL



BM3 BEAVERS



DM3 WHITING



SN BLEVINS

SAILOR OF THE MONTH

Dentalman Michael Turck is USS CANOPUS (AS-34) Sailor of the Month for November. Mike is 19, and comes from Anderson, Indiana, where he attended Madison Heights High School. His parents are Mr. and Mrs. Gerald Turck, who reside at 4624 Malus Blvd., in Anderson.



DTSN Michael Turck receives Canopus plaque from the Commanding Officer, Captain Alexich

Mike's selection as Sailor of the Month was based on his superior performance as a dental technician, his promotion of high morale among his shipmates, his active participation in sports, and his educational achievements through college study.

Although Mike has only been in the United States Navy for sixteen months, ten of which have been aboard the USS CANOPUS, he has consistently performed as an outstanding dental technician and sailor. As Commander Wheatley said, "Dentalman Turck is the best dental technician of his rate that I have had the privilege of associating with." Mike is an energetic, affable person who is always eager to help a fellow sailor.

A High School football player and track runner, Mike has continued his participation in sports while in the U.S. Navy. Recently, at the Cowal Games, he placed first in the 220 meter run. But track isn't

his only sport; Dentalman Turck also belongs to the Scottish Sky-diving Club, and plays basketball for the CANOPUS Medical-Dental Basketball Team.

Since he has been aboard the USS CANOPUS, Mike has enrolled in the University of Maryland European Division. Upon completion of active duty, Mike intends to enroll at Indiana University with the ultimate goal of becoming a dentist.

Congratulations, Mike, for having been chosen Sailor of the Month.



OPEN HOUSE



Lithographer First Class James E. ALLISON explains the Mutilith 1250 Offset Printing Press

Open House was held aboard USS CANOPUS (AS-34) on Sunday 14 October. Dependents and Scottish guests of Canopus crew members were invited onboard for a tour of the ship. Also on board were members of the 49(F) Greenock Squadron Air Training Corps Cadets seeing how a U.S. Navy ship operates. Coffee and cake was served on the Crew's mess deck after a cake-cutting ceremony.

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