

# The HELMSMAN

VOL. 4 NO.

USS CANOPUS (AS 34)

OCTOBER - NOVEMBER 1968

Charles W. Gridelli, Jr., only son of Mr. & Mrs. Charles W. Gridelli, was born on June 10, 1947. He

was educated in his home town of Billerica, Massa-chusetts and graduated from Billerica High School in June 1965. Following high school he took a course in electrical training. He

worked in this field until he came on active duty. He was a member of the Roman Catholic Faith.

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Charles entered the Navy on June 17, 1967 and received his recruit training at the Naval Training Center in Great Lakes, Illinois. He was a member of the Naval Reserve Station in Lowell, Massachusetts and reported to active duty on January 25, 1968. Upon reporting to CANOPUS on March 6, 1968, he was assigned to S-2 Division as a messman.

Following this he was assigned to "E" Division where he worked in the IC and Gyro Shops. The advancement ceremonies on 1968 16, October found Charles there. He was a quiet sort of person who was always ready to help his shipmates. He was able to get along well others and was well adjusted to the Navy way of life. Charles' friends remember him as being a fine person and a dependable co-worker.

John R. Morrissey was born on October 17, 1947 and lived in Cincinnati. Ohio until his enlistment in the United States Navy. John was the son of Mr. & Mrs. Louis Morrissey, also of Cincinnati. He received his education through the Cincinnati school system and for a time attended college where he completed a course in computer programming. He was a member of the Roman Catholic Faith.

John entered the Navy on January 25, 1968, reporting for recruit training at the Naval Training Center in Great Lakes, Illinois, Upon reporting to CANOPUS April 21, 1968, he underwent the normal processes of checking-in and then was assigned to S-2 Division as a messman where he worked in the "spud locker". There he met IC3 Gridelli. He is remembered as a friendly sort of person who was willing to and interested in, his work, no matter what the job.

In "XD" Division, he would volunteer to work on his days off if there was need for extra help. He possessed a sense of humor of which his shipmates speak with appreciation. He was considered dependable and was learning his rate well.

# In Memoriam

## Rest In Peace

This issue of "The Helmsman" is dedicated to the memory of two new, but well known, members of the CANOPUS crew who were killed in a traffic accident tragedy on the evening of November 1, 1968. May the souls of Data Processing Seaman John Richard Morrissey and Interior Communications Petty Officer Third Class Charles William Gridelli Junior rest in peace.

## Happy Anniversary

This month CANOPUS celebrates her third birthday as a commissioned ship in the U. S. Navy. Of these three years, over two have been in Rota, Spain where we have conducted over 75 SSBN refits plus innumerable voyage repairs for dozens of other ships who needed our assistance.

All Hands can take pride in the accomplishments of CANOPUS and can share in the outstanding reputation enjoyed by our ship.

Happy Anniversary and Well Done.

-- Capt. H. J. Trueblood

## COMMAND COLUMN



by

## Captain H. J. Trueblood

Thanksgiving Day is one of the most traditional and typically American holidays of the year.

It would be both appropriate and fitting for us as Americans in Spain to invite Spanish friends into our homes on this day to share with them our plentiful life and demonstrate appreciation for their graciousness as hosts in this fine country.

Also many of CANOPUS' ship's company are separated from their families and I encourage those who can, to include these men in their Thanksgiving celebrations in their homes.

We recently received a packet of information materials from Puget Sound Naval Shipyard which should be of considerable interest to all hands. Daily, an extract from this material will be included in the Plan of the Day. In addition, a pamphlet is being printed on board which will provide much of the information you will need to

make the move to Bremerton less difficult and our stay in Puget Sound more enjoyable.

Arrangements for an orderly pick-up of household goods and movement of dependents are progressing well and it looks as if our move will be accomplished with a minimum of disruption. We will keep you informed as to arrangements.

## **Cross Currents**



BY CHAPLAIN ECKLES, USN

HAPPY IS HE WHOSE .... HOPE IS IN THE LORD HIS GOD.

"Pursuit of Happiness" is one of those inalienable rights guaranteed to each of us. The term is very apt in a way.

If happiness comes with achieving goals, then we do have to pursue it. Happiness is at once a most important and a most elusive quality of life. We don't always find it where we expect to. As a matter of fact, it pops up at the most unexpected times and in the least likely places.

Maybe that is because sometimes we run after it

full tilt when we really should be looking around for it where we are.

Future happiness is really only a pipe-dream. The contentment we find to-day is far more likely to turn into happiness tomorrow. This makes it a little harder to find sometimes.

Happiness is something inside. It acts as a thermostat, tempering our moods and directing our actions.

Joseph Fort Newton, who did quite a bit of writing for the Philadelphia Bulletin, said it well, "If we learn how to give ourselves, to forgive others, and to live with thanksgiving, we need not seek happinessit will seek us".

# The Helmsman

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### Private Employers Urged to Give Veterans Preference in Hiring

Congress has asked private employers to give veterans preference in hiring. The request came in a resolution which declared it to be the sense of Congress that agencies of the federal government should:

Give preference to job-seeking vet-

2—Seek to get private industry to voluntarily give veterans priority.

The resolution also asked private employers to "exert every effort to carry out the objectives and purposes" of the resolution, the Veterans Administration said.

The VA said their experience indicated that—except for the veteran who is going back to school this fall the one overriding need of today's veteran is to get an adequate satisfying job.

Although the government has instituted various programs to imple-

ment this request, the importance of securing full cooperation from private employers is underscored by the fact that six of every seven Americans are employed in private industry, the VA noted.

In his second annual veterans message to Congress last January, President Johnson asked Congress to call upon the nation's employers in behalf of the veteran. He said:

"A man who has fought for his country deserves gratitude. But gratitude can be no substitute for the job he wants—and needs."

In responding to the President's request, Congress supported the President's position saying "one of the most immediate and acute needs of members of the armed forces upon discharge . . . is to obtain early and suitable employment in positions which will enable them to be self-reliant,

which will provide meaning, purpose and fulfillment in their lives . . ."

Employers hiring new veterans are not simply lending a helping hand because of the "great personal sacrifices" veterans have made "to defend freedom and bring justice and peace to the world," the VA said.

"In return, employers will be getting men who have gone through a period of rigorous discipline and training; men whose judgment has matured with experience; men whose military service is now behind them; men who are now ready to begin their careers, establish households and settle down to raise families."

The VA said "veterans are among the most stable and promising employee prospects in the labor market today."

---- Commander's Digest

# MIND YOUR MANNERS

Washington, D.C. (NavNews Family Editor) .... According to the dictionary, the word etiquette means, "the forms required by good breeding, social conventions, or, prescribed by an authority, to be observed in social or official life."

Sea service wives should adhere to all forms of good etiquette which include:

<u>Introductions</u> - When making introductions, remember the name of the person being presented is spoken last; a man is presented to a women unless he is much older, is a prospective employer, a clergyman, or a high ranking dignitary.

Standing up - A woman remains seated when introduced unless she is meeting an elderly man or woman. Children rise when introduced to an adult and when an adult enters the room; they remain standing until the adult is seated.

Motor vehicles - A woman always enters a vehicle before a man; leaves it after him. Today, a man isn't expected to give a woman his seat on a public conveyance, unless she is elderly, disabled, pregnant, carrying a small child, or laden with bundles.

## From the Desk

Washington, D.C. (NavNews)

As I have stated in previous columns, there is no
set of rules which will
make you a good leader.
There are, however, five
common principles of leadership which are followed
by effective leaders. These
principles are consistency,
honesty, acceptance of responsibility, consideration
for your men and exemplary
bearing.

By consistency, I mean you can't be strict one time and easy going the next. Sudden changes in a leader's behavior undermine his men's confidence in him. This doesn't mean you can't crack down, but it is how you crack down that counts.

Your men want to know the truth about matters Con't on page 10

## PACE

Washington, D.C. (NavNews)

The Navy is providing a means by which sailors a-board ships and in remote areas will have an equal opportunity to earn college credits as those who are shore based.

Originally designed for certain submarine crews, the Program for Afloat College Education (PACE) is being expanded to selected surface ships and will be

available to all units a-float by 1970.

PACE provides for 16-mm, kinescope lectures by noted professors and covers regular college level courses. While a ship is homeported, professors give their students at least eight hours of personal classroom instruction, all of which includes an introductory lecture and final examination.

Over 2,000 Navymen took PACE courses sponsored by leading colleges and universities last fiscal year.



Front Row Left to Right - TM1 Toy Mcswain, TM1 Gary Cady, TMSN Steve Pisoni, TM2 Bill Jones, Lt. Emery Young (Division Officer), TM2 Al Novack, and TM1 Lamar Boyer.

Back Row Left to Right - TMSN Bud Holmes, YNSN Jim Dennan, TMSA Brochard, TMSN John Farleigh, TM2 Ray Knolhoff, TM2 John Kahoe, TM3 Ken Geiger, and TM2 Bob L'Heureux.

NEWS FLASH !

## W-I Division Wins Sports Trophy

W-1 Division mustered in the plug area on October 4, 1968 for a presentation of the Weapons Department Sports trophy. This trophy was presented for the month of September which found W-1 Division defeating W-5, W-4, and W-2 respectively in softball tournaments. This marks the first time in many vain attempts that W-1 has won the trophy. We would like to have it known among the Weapons Department that we intend to keep the trophy for quite awhile and competition is more than welcome. Congratulations to all the team members who did a fine job...

# SEA BREEZE

SECOND DIVISION

Transfers, new personnel and leave loafers are all accounted for by Second Division during the previous months of Sept. and Oct. BM3 Adams, BM3 Barkowski, BM3 Dennis, SFM2 Koepke, EM2 Steeber, SN Bianco, SR Brown, and FN Marsh, all were transferred to new units.

Reporting aboard were SA Grensky, FA Torres, and FA Kent were ushered aboard to replace our departures. The young boots are really showing progress. Soon, we expect them to become proficient crane operators.

DCC Punyko, SFC Griffen, and SFP3 Schelke all enjoyed their recent leave. Europe seems to be "the place" to bring back those history book tales, because that's all we've been hearing from the wealthy travelers.

Our hero, "Gus", was outstanding during the softball series with the Chiefs - he might even ship over to train the Chiefs ball club next year.

WORLD'S LARGES

STUDENT BODY

Washington, D.C. (NavNews)
Would you like to attend
a technical school with
more than a million students? The chances are you
do and don't know it! In
fact, if you are working on
a Navy correspondence
course, you are a fullfledged member of the largest student body in the
world.

Con't on page 9



The month of October has brought a new and improved sound to WSTC Radio.

Hosting a new "Morning Sound" from 6a.m. to 7a.m. are Pecos Bill and Don Lee. They present a variety of sounds with an accent on popular music, news, and weather.

On Saturday mornings, we present the "Music to Wake-Up By" service from 8a.m. to 10a.m. This is followed by "'round the Town". Both these shows are intended to please everyone by presenting various songs and types of music.

With the new programming comes a new member to the station staff.

FN Greg Nerf is welcomed by all of us. He is heard under the 'guise of "Nerf the Surf" when he fills in for our full time d.j.'s who can't make it.



WSTC RADIO SPOTLIGHTER

The spotlight this month falls upon an old salt of WSTC.

FN Bill Dunn, "Pecos Bill", of "E" Division hails from Spencerport, New York, a suberb of Rochester.

Dunn joined the Navy in August 1966 and reported aboard CANOPUS in April 1967. He wasted no time in joining our staff by doing his first show after being aboard only two weeks. Dunn can be heard form 6a.m. to 7a.m. on "Morning Sound" and again from 6p.m. to 7p.m. when he presents the country and western music program.

## An American Tradition

Twenty years ago the United Nations adopted the Universal Declaration of Human Rights that expresses man's deepest beliefs concerning the rights and dignity of every human being.

On Dec. 10, elaborate ceremonies at the United Nations Building in New York will commemorate the 20th anniversary of the approval of the Universal Declaration of Human Rights. This same day has been set aside as Human Rights Day in the United States.

Of course, human rights are not a new concept in this country. This nation was founded on the principles of individual rights and dignity.

Human rights are an American tradition, the threads of which are inextricably woven into the rugged fabric of our democracy and way of life.

In this land, which has served as a haven for the downtrodden



masses of the world for more than 300 years, can be found every race, creed and color of the world's population.

From every country in the world, the hungry, oppressed and disenchanted have flocked to our shores. They have helped carve and mold a great nation from a vast-wilderness, realizing their fondest hopes and prospering to a degree never before known in the history of man.

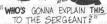
Here, and here alone — despite what the critics and the gloommerchants may proclaim — a man or woman has the opportunity to progress and prosper through ability, initiative and hard work.

America is still the land of opportunity, just as it has been for more than three centuries. Every man, woman and child still has the opportunity to earn the respect, admiration and acceptance of his fellow Americans and to climb as high on the economic ladder his ability and his tenacity will take him.

Human Rights Day should serve as a time for every citizen to look carefully at his opportunities as an American — and to honestly evaluate how well he has used them. Every American can be thankful for living in a nation where individual rights, dignity and opportunity are a way of life. It should also serve as a time to rededicate ourselves to these principles and help insure them for all men everywhere. (AFPS)









# Happy Thanksgiving





# Carto



WHY DON'T YOU JUST SAY IT? ...YOU HATE MY COOKING!



"I DON'T THINK YOU COULD GIVE ME A THREE DAY PASS EVEN IF YOU WANTED TO SIR ..."

# ons















"WELL HARRY, IF YOU'RE GOING TO ARRIVE FARLY YOU'LL HAVE TO EXPECT THIS!"

To One and All



## Tid-Bit of History Breakfast Tip

Washington, D.C. (NavNews)

Back in the days of sailing ships, the 'tweendeck clearance was usually less than six feet. This. of course, prevented a person of average height from standing erect and necessitated his walking in a stooped position. The hammocks were swung quite low. requiring an almost handsand-knees posture passing beneath them.

One one of these ships. so the story goes, there overzealous was a tough. Master at Arms named Jimmy, Well, Jimmy prowled the ship at all hours, tracking down miscreants and law violaters. murmuring to the himself while. "Jimmy'll get'em. Jimmy'll get'em".

Prone to gamble a bit, the sailors would continue their activity after taps. On these occasions they kept a sharp lookout for legs beneath the Jimmy's swung hammocks. Thus. on Jimmy's approach, the warning was boiced. "Jimmy's legs".

This expression later became "Jimmy legs" and was applied to all Masters at Arms.



Washington, D.C. (NavNews)

Submarine cooks have a problem trying to store a lot of food in a small space for a long time. As a result. they have many tricks that any Navy wife can utilize -- particularly if it's a long time between commissary runs. Here's one of their inventions....

For a Hawaiian "Breakfast Tempter" which stretches an egg supply, top crisp buttered toast with well-drained pineapple slices and American cheese. Pop into a 300° oven for 10 minutes to melt the cheese. Garnish with hot, crisp bacon strips.

#### DRIVE SAFELY - AND LIVE

### **Navy Ships Get** 'Cool' Gunpowder

Combat ships of the Navy can stay on the firing line for longer periods of time with the development of a new gunpowder called NACO, for "Navy Cool." The new gunpowder will effectively double the life of its rapidfire guns.

NACO burns at temperatures 300 degrees cooler than standard gunpowder and the reduced heat helps lessen gun barrel wear by more than 50 percent. The lower-burning rate is achieved by decreasing the amount of nitrocellulose normally used to produce gunpowder and adding an oily substance which acts as a coolant.

Cooler burning helps prolong the life of the liners inside the barrels of naval guns. They must be replaced periodically because of erosion caused largely by heat.

NACO was developed by the Naval Ordnance Station at Indian Head. Md., after extensive research and testing.

## Hospital Care

Washington, D.C. (NavNews)

If Navy families use hospitals that practice racial discrimination, they may have to pay their own bills. Under the Civilian Health and Medical Care Program of the Uniform Services, hospitals which discriminate are being blacklisted. Bills will only be paid if there is not another hospital in the area. or for emergency care.

Navy families should inform their doctors that payment won't be authorized at civilian hospitals which discrimination. practice This applies to the admission and treatment of paon the basis of race, color or national origin.

# Shake

a

Lea Washington, D.C. (NavNews)

Wonder where the expression "shake a leg" came from? According to a researcher in Attack Squadron 106, the saying dates back to the time when sailors brought their wives with them when they went to sea.

This gave the MAA a few problems in the morning when he tried to rouse all hands. Rather than intrude on a lady's privacy, he called out, "shake a leg". If the leg was female, he moved on to the next compartment.

#### STUDENT BODY CON'T

According to a Bureau of Naval Personnel study, the total enrollment in officer and enlisted Navy correspondence courses reached 1,005,010 in 1967, making it the largest self-study program in the world. This enrollment represents approximately one-third of the total number of students in self-study programs in the free world.

For the cost-conscious. the study also pointed out that by the time an enlisted man advances from E-1 to E-9. he will have taken 15 correspondence courses at an average cost to the Navy, for preparation and administration. of only four dollars per course.

A promising course innovation mentioned in the study is the Rate Training Package, still in the experimental stage. The package is designed to give enlisted personnel a selfcontained correspondence course unit, based on a complete listing of material covering all the knowledge factors in the qualifications for advancement in a given rating. This means that if a student conscientiously goes through the written material, he will have a thorough background for the advancement exam.

Also being evaluated is a self-scoring answer sheet that will enable the student to know immediately whether his answer to a question is right or wrong. The BUPERS study pointed out that this method will reduce the time spent by division officers in grading the present correspondence courses, and should improve student motivation.

DON'T IGNORE SIGNS

OF REBELLION

IN SCHOOL

Washington, D.C. (NavNews)

If your children are typical of Navy juniors, they are accustomed to attending new schools every year or This means they have adjusted to new groups, new methods of teaching, and a completely new environment. At least most of them have--- but what about those who don't?

Some children quietly object to constant newness, and adjust so slowly that by the time they are at ease, they move Their grades decline, their interest turns to apathy they begin to hate school. Some of them never seem to catch up, but always need extra attention. Their progress at school is accompanied by notes from frustrated teachers, who emphasize "under achievement."

Some of these children might react the same way even if they lived in one community, with the same school, neighborhood, and education system. The rest need more help from their parents than the outgoing child who adjusts easily

The first thing to do is to examine your child's strong coffee. record. Are his school grades his deportment marks?

Talk to his teachers by making a special appoint- dry after using.

ment (after PTA meetings is not the time). Help him with his homework, urge him to join in school groups, and praise his progress, no matter how small it may be.

Most teachers in Navy communities are accustomed to the transient student. but sometimes they subconsciously resent his presence unless he slips into classroom life with no ripples. Don't forget that sometimes changing a teacher may mean the difference between success and failure. And never accept a report card at face value.

# ATTENTION: Coffee Makers

Washington, D.C. (NavNews) Before you put that coffee pot on to brew, be sure it has been washed well with detergent. Brown stains inside the pot, lid or basket signify coffee with a bitter, sometimes strong taste. Clean the pot and lid and basket with baking soda or preferably a coffee pot cleaner, following instructions on

Measure water and coffee carefully. Use cold water. When using automatic coffee maker, do not brew less than half the cups the pot will make.

Adjust control of electo moving. tric coffee makers according to preference - mild or

> Plan to serve falling? How about within one hour of brewing time.

> > Rinse pot well and towel

#### FROM THE DESK CON'T

that affect them. That's honesty. Men need to know about their failures and successes. They can profit from criticism when properly given. They will even accept unpleasant truths when they know their leader has their welfare at heart.

The third principle is acceptance of responsibility. No command responsibility can be treated indifferently. If, by his attitude, a leader indicates he doesn't think much of being in command, it is a sure bet that those under him will not respond properly to his authority. If a leader doesn't accept his authority, neither will his men.

A leader must be considerate. Sailors are human beings. They will not be led by anyone who forgets that basic fact. Go more than half way in maintaining friendly relations with your men. When official business is concerned. treat all men with the same degree of consideration. When you have to speak sharply to a man about his failure, make sure he understands there are no personal feelings involved. It is the failure, not the man, the leader dislikes.

A leader's best tools are his word and his example. His word transmits his commands and instructions. If his actions are not suited to his words, he will fail. A good leader always strives to improve himself and his unit. Start by self-improving in dress and bearing.

Con't on page 11

# **SEA BREEZE**

R-1 DIVISION

With the new month of October R-I has seen several new changes. Lt. Helm has taken the wheel as our new division officer. We also welcome FA Shields, FA Babcock, FA Perrin, and SN Woodward into the ranks of R-I personnel.

Several of our "salty" sub repairmen are leaving for new duty stations. FN Thompson gets a DD homeported in Norfolk, Also going to Norfolk is SFC Grant reporting for duty aboard USS Casa Grande (LSD 13). PM2 Anderson is leaving for duty in Newport, R.I. SFM3 Baer will find his sub repair skills very useful when he reports aboard his next submarine tender. USS Bushnell (AS 15). Two sailors who turned landlubber are SF1 Coppa counting the days until he reaches New London and SF1 H. Johnson reports to San Diego. Last of all is BM3 Powers who decided to strike for civilian.

R-1 welcomes all newcomers and to all our departing shipmates we give a hearty farewell!

IS YOUR DIVISION NEWS

#### ARTICLE PRINTED?

Is your division article printed? If not, it might be because your division didn't submit one. Articles submitted not later than the tenth of the month will be included in that months newspaper. See your division writer now. Get him on-the-ball and look for your division news next month. Articles should be double spaced typed and signed by the writer.

#### Souvenir Hunters Cautioned About Contraband Mail

WASHINGTON (AFPS) — Souvenir-hunting is a dangerous pastime, particularly if military personel attempt to mail dangerous items.

Parcels presented for mailing are subject to electronic inspection and may be opened by postal officers for examination. Such items as pistols, submachine guns, explosive devices and other hardware will be discovered if mailed into the San Francisco post office from Vietnam.

# SEA BREEZE

THIRD DIVISION

September was a month that saw Third Division's 'Old Salts' leave. BM3 Kale and SN Waleski left our ranks to assume duties on the "Great Continent". We almost lost a lot of reservists, but c'est la vie. We had SN F. Howard join us from LST duty (not civilian type) and he has aspirations of becoming a gunner's mate.

Welcome aboard also is extended to WO 1 S. Niziol our new Gunnery Officer and Third Division Officer in relief of BMC Douglas. Chief Douglas is still waiting for word from the "Big EOD Man in the Sky" but has yet to receive any.

Third Division personnel are dreaming of a "White Christmas" and the home-for the-holiday chits are flying fast and furious. I wonder who the lucky man will be?

Congratulations are in order for our softball team for winning the ship's intramural championship. Way to go guys. In closing, "Craters" would like to know if "True Blondes" have more fun.

FROM THE DESK CON'T

Men will copy a good leader. Set the example, especially in times of stress. Leader's can't get excited at trifles, nor can they gripe publicly. Never display a confidence-destroying reaction to any e-event.

A leader's job is to get orders translated into action. To do this you must demand of your men obedience, loyalty, and respect for authority. The leaders who are consistent, honest, responsible, and who set a good example, usually have the loyalty, respect, and obedience of their men.

# SEA BREEZE



W-2 DIVISION

Let it be known that as of this glorious day there is a new spirit. It is called W-2, or more commonly, "Crispy's Critters". We are the best, the greatest, and everything else good. better, or best. We hereby challenge all divisions to a contest of anything and guarantee that we will beat the socks off you. We are noted for our wit and ingenuity and if you do not believe, then try us. Just contact "First Lord" of the "Critters", FTBC "Big Daddy" Watkins. And let him know the sport and the day you wish to be beaten at it. loser buys. We intend to put some punch into our motto which just happens to be, "Start at the Top and Go Up Cause You Got MOXIE".

The first Thanksgiving Day was proclaimed by President Lincoln Oct. 3, 1863.

# SEA BREEZE





#### MARINE DETACHMENT

After many hours of indoctrination and administrative details, the final signatures, and a handshake in front of the Ship's Executive Officer, the new Marine Captain assumed command. Capt. Keith has established his residence at the "Edificio America" in Rota with his wife and baby girl.

Capt. Bowden left for his tour in WestPac with best wishes from the Marine Detachment. In case there is anyone left that hasn't heard, Capt. Bowden was recently selected for Major.

LCpl. Schofield has received his orders for the 2nd. Marine Division at Camp LeJeune, N.C. and will depart this command during November.



## R-3 Sea Breeze

Our former division officer, Lt. Helm, might be gone from the division but he will always be remembered for his going away party. It was a good wing-ding in the true style of EN's and IC men. Two new boots for the Electric Shop are EMFN Bush and FA Ramsay.

Chief Bourne, of the IC Shop, is like a proud father with two "new" hands to calibrate his meters. ICFN Heath and IC3 Caufield have returned from S-2 Division.

IC3 Fritz, EM2 Fournier, and EM1 Gray are all to be transferred to USS Holland upon CANOPUS' relief.

Exploring the division this month for talented people, we find that IC3 Sampson has finally learned to run a movie projector for our training lectures. (Our ever faithful training petty officer, EMI Miller, is always giving "Sam" a chance to show his talent.)

It seems that the SUPER Gyro Shop just couldn't function without it's SUPER IC men as IC2 Krueger has returned there from a weeks stay in the Rubber and Plastics Shop.

EM3 Marshall has returned from Rubber and Plastics school. Even before unpacking his seabag. Marshall was out on the beach enjoying a nice LONG evening of play.

REMEMBER THOSE AT HOME ....

WRITE A LETTER TODAY

## Mind Your Manners Con't

On the phone - No matter whom you're calling, identify yourself immediately. On a social call, a woman identifies herself by her first and last name. When phoning strangers or people you barely know, identify yourself, then immediately state the purpose of the call.

Smoking - Today, a woman may smoke at home or in public places without fear of criticism, but a lady still does not smoke on the street. Smoking after a meal is permissible, but smoking during it is considered rude.

TV Time with guests - Invited guests shouldn't be expected to watch television unless you've mentioned it when you issued the invitation. If the set is on when they arrive, it should be turned off, unless they wish to watch it.

Applying cosmetics - It is permissible to apply fresh lipstick or powder while in a restaurant, cab, etc. However, applying other cosmetics is out. And hair combing should never be done in public.

Funeral flowers - Flowers sent to a funeral are addressed "To the funeral of John Paul Jones," not to the deceased or the family. If a death notice states "Please omit flowers," always respect the request. Cards sent with flowers should be signed with the owner's full name, never with just the first name.

Office etiquette - While on the job, a woman doesn't expect a male co-worker or her employer to open doors, light her cigarette or hold her chair.

Tipping on planes and busses - No tipping is permitted aboard a plane or on a bus, nor to uniformed reservation clerks of any airline or bus company.

Brief - Travelers' Checks for Safety - Travelers' checks are the safest way to carry a large sum of cash. They are obtainable at many banks and all American Express offices, and may be cashed anyplace in the United States and abroad.

# Sea Breeze

"X" DIVISION

This seems to be turnover time in "X" Division as the ship's Admin Department bids farewell to several men who have served aboard CANOPUS for some time while newcomers onboard are providing their relief.

Recent departures have been SN Tim Hanley, yeoman in the Chaplain's Office, YNC Walt Herrick, who served the ship's Captain and Legal Offices and PN3 Bob Patten. Others who have received orders and will also be leaving soon are PN2 Dave Martineau, YN2 Mark Shockley, and PN3 Ron Hampton.

Chaplain F. E. Whitaker has been dispatched to Camp Pendleton for upcoming duty in Vietnam while his new relief is Lt. James W. Eckles. Other newcomers include YN1 Mike Ward, Legal Yeoman; YN2 Bill Thomas, Captain's Office, SA Dan Hill, Crew's Library; FA Ron Wilson and SA Bill Hodgekins, the latter two having been assigned to the Personnel Office.

A division picnic was held recently at the base stable picnic area to recognize the aforementioned departing men. Division Officer, WOl Wyatt, presided over the gathering as 62 people attended.

BEST HOLIDAY WISHES